



May 18, 2010

Dear Member;

Our records show that you are getting services from a NARBHA<sup>1</sup> behavioral health service provider as a person with Serious Mental Illness (SMI). Behavioral health care services for persons with SMI who are not eligible for AHCCCS (T19/Medicaid) are changing due to state budget issues. In late December 2009, there were more than \$14 million dollars cut from the Arizona Department of Health Services' (ADHS) budget by the State of Arizona. Because of these cuts to ADHS' budget, some services won't be paid for by the state and NARBHA anymore after June 30, 2010.

**What is changing after June 30, 2010?**

SMI NonT19 persons **will no longer have** the following services paid for by NARBHA:

- Case management
- Transportation to appointments
- Brand name prescriptions
- Inpatient hospitalization (there may be consideration for up to 4 days depending on available funding)
- Individual and group therapy
- Vocational/ Employment Services
- Peer support

SMI NonT19 persons **will continue to have** the following services paid for by NARBHA:

- Generic-only medications (which **DO NOT** include medications like Abilify, Geodon, Seroquel, Zyprexa, Cymbalta. These medications do not have a generic so are not going to be paid for by NARBHA)
- Laboratory services
- Psychiatric evaluations and psychiatric follow up appointments
- Crisis services
- Oral interpretation services or sign language if needed

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<sup>1</sup> NARBHA is the Regional Behavioral Health Authority for Geographic Service Area 1 which generally covers Coconino, Navajo, Yavapai, Apache and Mohave counties. Funds for services are provided through a contract with the Arizona Department of Health Services/Division of Behavioral Health Services and AHCCCS

May 18, 2010

Page 2

If you are in Supported Housing, NARBHA and its providers will immediately begin to transition you to alternative housing or housing funded by other sources. We will ensure that your alternative housing will be safe, stable, and consistent with your recovery goals and in the least restrictive environment.

**What does this mean for you?**

If you are not sure if any of the services you are receiving are included in this list, please contact NARBHA Member Services at (928) 774-7128 or toll-free at 1-800-640-2123; for hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at [www.azrelay.org](http://www.azrelay.org).

**There are some things you can do to keep getting services no longer covered after June 30:**

- Call your service provider as soon as possible in order to help you find other community resources.
- If you have other insurance, like Medicare, you may be able to get your services paid for through that insurance. Ask your service provider for help with seeing if your other insurance will pay for services.
- If your income has changed and is now less, you might be able to get help paying for some services through AHCCCS (TXIX/ Medicaid). Speak with your provider to see if you can apply for AHCCCS.
- Ask your provider about a sliding fee scale based on how much you make. There may also be premiums that you can pay to keep getting services.
- Work with your provider to develop a crisis / safety plan so that in the event of a crisis you understand what resources are available to you.
- For life threatening situations always call **911**.
- For non-life threatening behavioral health situations, call NARBHA Member Services at (928) 774-7128 or toll-free at 1-800-640-2123; for hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at [www.azrelay.org](http://www.azrelay.org) or your local provider (Responsible Agency)

**What if I have questions about my services or who will pay for them?**

If you have any questions, call **NARBHA Member Services** at (928) 774-7128 or toll-free at 1-800-640-2123; for hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at [www.azrelay.org](http://www.azrelay.org).

Sincerely,

*Mick Pattinson, PhD*  
Chief Executive Officer, NARBHA