

## Overview

HCTC (formerly known as TFC (Therapeutic Foster Care) is an innovative team approach provided by experienced, skilled professionals through a family-based treatment environment for children with complex behavioral health care needs as an alternative to institutional care.

Home Care Training for the Home Care Client (HCTC) is a Covered Behavioral Health Service in Arizona available for eligible children with behavioral health issues. It is designed to be intensive, time limited (usually 12-18 months), and focused on addressing the child's behavioral health issues and permanency needs.

ADHS/DBHS Covered Service Guide Definition:

'Home Care Training to Home Care Client (HCTC) services are provided by a behavioral health therapeutic home to a person residing in his/her home in order to implement the in-home portion of the person's behavioral health service plan. HCTC services assist and support a person in achieving his/her service plan goals and objectives and also helps the person remain in the community setting, thereby avoiding residential, inpatient or institutional care. These services include supervision and the provision of behavioral health support services including personal care (especially prescribed behavioral interventions), psychosocial rehabilitation, skills training and development, transportation of the person when necessary to activities such as therapy and visitations and/or the participation in treatment and discharge planning.'

Northern Arizona Regional Behavioral Health Authority (NARBHA) contracts with several HCTC Licensing Agencies through-out the region to recruit, train, license, monitor and support HCTC Families as direct service providers. NARBHA also partners with DES/Child Protective Services to provide joint programming for youth and families involved in both the child welfare and behavioral health systems.