

## Communities in Recovery Schedule

### Free Forum

“A PLACE TO DISCOVER AND EMBRACE RECOVERY”

*Learn more by attending the fourth Communities in Recovery monthly forum on behavioral health services in the Verde Valley!*

- *6:30 p.m., Wednesday, March 10, 2010*
- *Community Room, Verde Valley Guidance Clinic*
- *8 East Cottonwood St., Cottonwood, AZ*

This month's forum will focus on NAMI [National Alliance on Mental Illness]. Presenting on behalf of NAMI will be the President of the Sedona NAMI chapter, Rose Boerner. The presentation will describe the types of educational and support services that NAMI provides in the Verde Valley and Sedona. In addition, the *In Our Own Voice* (IOOV) program will be presented by Carmen Griffin and Abigail Fowler. This program is a unique public education program developed by NAMI, in which two trained consumer speakers share compelling personal stories about living with mental illness and achieving recovery.

The NAMI program will also include presentations by Bill Kennard, the Executive Director of NAMI Arizona, and Kathy Bashor, Manager at the Office of Individual & Family Affairs, Behavioral Health Services at the Arizona Department of Health Services.

Mr. Kennard will speak about NAMI Arizona's 2020 Vision: People with Mental Illnesses Freely Participating in the Full Life of Arizona's Communities. Ms. Bashor will speak about her role at both NAMI and AZDHS and her efforts to help the community get involved, identify resources and collaborate towards our common goal of minimizing the impact of state budget cuts on behavioral health services

The other participating agencies are:

Mingus Center

Recovery Innovations Arizona

NAZCARE

DES Rehabilitation Services Administration

The Verde Valley Guidance Clinic

Light refreshments will be served. For more information, call Richard Dehnert, Community Relations Coordinator at the Verde Valley Guidance Clinic, 634-2236.

**Communities in Recovery forums are free and open to the public.**