



## Northern Arizona Regional Behavioral Health Authority

January 29, 2010

Dear Member;

Our records show that you are getting services from a NARBHA<sup>1</sup> Provider. These services may be for a general mental illness, for substance abuse, or for your child's behavioral health care. Until now, some or all of these services were paid for by the State of Arizona.

### **What is changing?**

Because Arizona has a budget crisis, the State is no longer paying for some behavioral health care services.

In late December 2009, there were more than \$14 million dollars cut from the Arizona Department of Health Services' (ADHS) budget. Because of these cuts to ADHS' budget, some services won't be paid for by the state anymore.

ADHS will not be paying for the following services:

- Behavioral health services for children who do not have Title XIX
- Mental health services for adults who do not have Title XIX
- Substance abuse services for adults who do not have Title XIX

NARBHA will continue to fund behavioral health services for these members until January 31, 2010.

### **What does this mean for you?**

There are some things you can do to keep getting services:

- NARBHA recommends contacting your service provider as soon as possible in order to help you find other community resources that might be available to you for services.
- If your income has changed and is now less, you might be able to get help paying for some services through AHCCCS. Speak with the person or provider you are getting services from to see if you can get help paying for these services.

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<sup>1</sup> NARBHA is the Regional Behavioral Health Authority for Coconino, Navajo, Yavapai, Apache and Mohave counties. Funds for services are provided through a contract with the Arizona Department of Health Services/Division of Behavioral Health Services and AHCCCS

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- Ask your provider about a sliding fee scale based on how much you make. There may also be premiums that you can pay to keep getting services.
- For life threatening situations always call **911**.
  - Additional help is available through the **NARBHA Crisis Line** at 1-877-756-4090; for hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at [www.azrelay.org](http://www.azrelay.org) or your local provider (Responsible Agency).

**What if I have questions about my services or who will pay for them?**

If you have any questions, call **NARBHA Member Services** at (928) 774-7128 or toll-free at 1-800-640-2123; for hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at [www.azrelay.org](http://www.azrelay.org).

Sincerely,

*Mick Pattinson, PhD*  
*Chief Executive Officer, NARBHA*