

RECOVERY,
RESILIENCY,
CULTURAL
COMPETENCY,
INTEGRATION OF
CARE, &
COMMUNITY
REINVESTMENT

the narbha companion

*Important AHCCCS Updates
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NARBHA RELEASES A HALF MILLION DOLLARS TO SUPPORT INTEGRATED CARE

Northern Arizona Regional Behavioral Health Authority (NARBHA) Board of Directors committed \$572,000 in community reinvestment funds for FY 2011-12 to develop and enhance integrated healthcare projects throughout northern Arizona. NARBHA celebrated the expansion of integrated health providers and services at the first Integrated Health Summit held in Flagstaff.

Keynote speakers - Will Humble, Arizona Department of Health Services (ADHS) Director, Kristin Frounfelker, AHCCCS Behavioral Health Administrator, and Kathy Bashor, ADHS/DBHS Manager Office of Individual & Family Affairs offered a comprehensive look into the vision and future of northern Arizona

healthcare. Recipients of NARBHA's community reinvestment awards presented their innovative and integrated (medical and behavioral) health projects

*Best practices, success stories,
and visions for the integration of
behavioral and primary health care
across the NARBHA network.*

to a large audience of representatives from health care plans and providers.

Please continue to check the NARBHA website (www.narbha.org) for information on the 2012 Integrated Health Summit, planned for September.



NARBHA

**The 2012 NARBHA
Member Handbook
is now available
online in English,
Spanish, and Large
Print on the
[NARBHA website](http://www.narbha.org).**



**NARBHA
CELEBRATES
NATIVE AMERICAN MONTH**

**NARBHA Community
Reinvestment at Work!**

For the past several years, NARBHA has reinvested funds into the behavioral health network for previously underfunded programs and services to allow innovative projects to develop through additional financial support. Each year, the proposals are based upon a need to address throughout the network and identified by NARBHA. The latest proposals focused on the integration of behavioral and physical health; a concept that allows providers to treat the “whole” person.

Child & Family Support Services created the **Rock It** program focusing on health and wellness activities for kids and families.

Community Counseling Centers, Inc. is providing an on-site Health Coach at the Holbrook North Country Clinic and a North Country representative at the Show Low clinic.



Kelvin Long opens the day with a traditional blessing

Encompass Health Services is purchasing health care supplies and a lab station for Encompass Medical Center, a comprehensive medical clinic offering behavioral health services.

Little Colorado Behavioral Health Centers is adding Wellness/Whole Health classes .

Mohave Mental Health Clinic is expanding physical health records and to develop a health coaching program.

Southwest Behavioral Health Services is partnering with North Country Health Care and other health care providers in Flagstaff, Prescott Valley, Kingman and Lake Havasu City areas.

The Guidance Center is implementing the Chronic Disease Self-Management Program and the Comprehensive Wellness Education Service.

Verde Valley Guidance Clinic is implementing a new primary care electronic medical record for the Verde Valley Connection Primary Care facility.

West Yavapai Guidance Clinic is providing wellness services and a Chronic Disease Self-Management Program master trainer.

UPCOMING EVENTS:

NARBHA PARTICIPATES IN MANY SPECIAL EVENTS AND OUTREACH ACTIVITIES THROUGHOUT THE YEAR. FOR UPDATES AND A COMPLETE LISTING OF THESE EVENTS, PLEASE VISIT WWW.NARBHA.ORG OR “LIKE” US ON FACEBOOK .

**FLAGSTAFF
PROJECT
CONNECT:**

DATE: SATURDAY, JANUARY 28, 2012 from 9:00AM TO 1:00PM

LOCATION: KILLIP ELEMENTARY SCHOOL (2300 East 6th Avenue)

For more information or to volunteer, please contact Coconino Community call Services at 928-679-7425.

**2012 RURAL
HEALTH & PUBLIC
POLICY FORUM:**

DATE: Thursday, January 19, 2012 - 8:00am - 5:00pm

LOCATION: Arizona State Capitol, 1700 W. Washington, Phoenix, Arizona

Contact Name: Rebecca Ruiz

Contact Email: raruiz@email.arizona.edu

**PEER EMPLOYMENT
TRAINING (PET):**

Focuses on teaching those with a mental health diagnosis the skills to work with other peers. PET will be held in Prescott Valley starting on 1/18/12 and graduating on 2/7/12. Please contact 928-567-3834 OR 866-481-5361 for specific schedule and to reserve a seat.



NARBHA Celebrates Native American Month

“Mental Health in the Native American Culture” was the theme to close out the month-long celebration of Native American Month (November) at NARBHA. Gabriel Yaiva and Kelvin Long opened the day with a drumming ceremony and blessing.

Jacque Gencarelle (Navajo/San Carlos Apache), NARBHA’s Prevention Program Manager, along with Robert “Bob” Lomadafkie (Hopi), Duane Koyawena (Hopi/Tewa), and Holly Figueroa (Hopi/Tewa from Sipaulovi Village, Sun Clan) led an introspective panel discussion on recovery from mental illness in the Native American culture highlighted the activities.

The Artisan market featured arts/crafts, jewelry, food, and music crafted by the various Tribes.

For information about future events, please contact Jacque at Jacque.gencarelle@narbha.org.

TRAUMA-INFORMED CARE

Trauma-informed care is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives (SAMHSA, 2011). NARBHA has been conducting Trauma-Informed Care Dialogues across northern Arizona to identify areas in which the system may improve for those affected by trauma.

Trauma-informed care allows the state, the managed care authorities, the direct service providers, clinics, peer-run organizations, and last, but maybe the most important, the consumers – to understand and appreciate the other roles as they provide and receive treatment, specific to trauma-related experience.

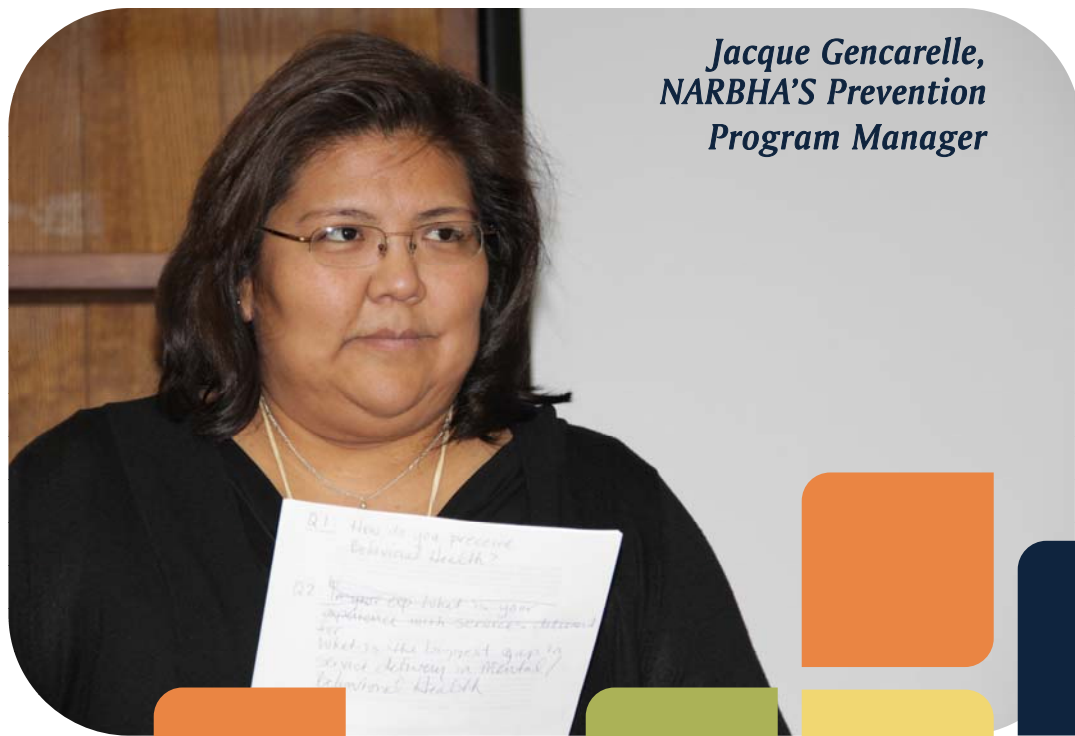
For more information about Trauma-Informed Care, including scheduled Dialogues and resources, please check out our Trauma-Informed Care page on the NARBHA website or our Facebook Page.

MEET CYNTHIA HENRY-FULLEN

Cynthia Henry-Fullen is NARBHA’s Administrator of the Office of Individual & Family Affairs at NARBHA. Cynthia focuses on building northern Arizona partnerships with individuals, families, youth, agencies, stakeholders and the community-at-large to promote voice and choice in behavioral health recovery, resiliency, wellness and systems change.

Cynthia previously held the position of Liaison at the Arizona Department of Health/Division of Behavioral Health Services, Office of Individual & Family Affairs. She is a native of Phoenix and the adoptive parent of two now young adults, both of whom were identified with emotional and learning disabilities early on and received services through the public and private education systems, special education and behavioral health system.

Read more about Cynthia on the NARBHA website (www.narbha.org). You can reach Cynthia directly at 928-214-2287 and by email at cynthia.henry-fullen@narbha.org.



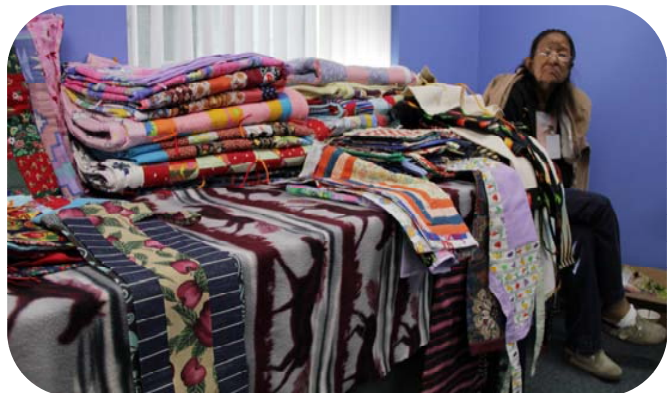
Jacque Gencarelle,
NARBHA’S Prevention
Program Manager

MVD Photos Available to Providers Using AHCCCS Online to Verify Enrollment

Beginning December 15, 2011, AHCCCS will be adding photos to its on-line verification tool, AHCCCS Online that providers use to verify member eligibility. This new feature is one of many efforts to help protect members and prevent fraud. For all AHCCCS members who have an Arizona driver's license or a State issued Identification (ID) Card, AHCCCS will get their picture from the Arizona Department of Transportation Motor Vehicle Division (MVD). When providers use the online member verification system and enter a member's social security number, the member's picture, if available from MVD, will show on the AHCCCS eligibility verification screen along with other AHCCCS coverage information. The picture will help AHCCCS providers to quickly validate the identity of a member.

Members will be informed about the addition of MVD photos on their AHCCCS ID card carriers as well as in the Welcome Back letters. In addition, current and future AHCCCS members will be notified of this change through the applicant and member portals on the AHCCCS internet website.

If you receive a call from a provider reporting that the person in the office is not the person in the picture, inform the provider that it is their responsibility to determine if the person in their office is the AHCCCS member and that it is their responsibility to report potential incidents of fraud to the AHCCCS Office of Inspector General. Providers can report suspected fraud at <http://www.azahcccs.gov/fraud/reporting/onlineform.aspx>.



NARBHA is the Regional Behavioral Health Authority for Coconino, Navajo, Yavapai, Apache and Mohave counties. Funds for services are provided through a contract with the Arizona Department of Health Services/Division of Behavioral Health Services and AHCCCS.



Front page artwork—Jacque Gencarelle; page 2 musician— Kelvin Long; page 3 artwork— ; page 4 artist—; page 4 musician— Gabriel Yaiva.

Mental Health... Everyone has it!

NARBHA

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www.narbha.org
www.narbha.networkofcare.org



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