



Northern Arizona Regional Behavioral Health Authority

Managing behavioral healthcare with a conscience.

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Jan Langford retires from Guidance Clinic

A huge cake and thirty-five roses greeted Jan Langford on her last day of work recently at the Verde Valley Guidance Clinic. The Clinic staff gathered in the Community Room to celebrate the career of the Clinic's longest serving staff member. Jan is planning to spend more time camping in Arizona's great outdoors and fixing up her home after thirty-five years of service to the Verde Valley Guidance Clinic, Northern Arizona's oldest community behavioral health clinic.

Most recently, Jan has worked in the Clinic's medical records department, but she remembers a time when her duties weren't quite as specialized.

"I started as a receptionist but we only had three support staff, so I did billing, made charts, scheduled appointments, babysat kids in the lobby, whatever needed to be done."

She says the highlight of her service has been the people.

"I've made lots of friends. I've enjoyed working with everybody. It's a good environment. I've enjoyed helping clients over the years. I was always glad to see them and they were glad to see me."

With four grandchildren and one on the way, Jan looks forward to having more time for family and taking it easy.

Verde Valley Guidance Clinic C.E.O. Robert Cartia, commenting on Ms. Langford's retirement said, "For an amazing thirty five years, Jan Langford has been a tremendously important employee of the clinic. We all wish her well in her retirement and we will dearly miss her."

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