

KINGMAN COMMUNITY RESOURCES

(928) / 888 - 757-8111: 24-Hour Crisis/Emergency
1-866-470-9518: 6:30pm - 11pm when you just need to talk

Emergency / Fire & Rescue: 911

CHILDREN SERVICES

Association for Supportive Child Care	718-1880	
Kinmgan Unified School District	753-5678 x226	3033 McDonald Jennifer Dixon: jdixon@kUSD.org
Palo Christi School	753-2472	500 Maple St Linda Chevalier: chevydl@juno.com
Reaching Out In Oneness to Teens Inc	753-5599	213 E Beale

COMMUNITY ORGANIZATIONS/VOLUNTEER OPPORTUNITIES

American Red Cross	753-1402	
Arizona Council of Rural Disabilities	718-1313	400 W Hwy 66 Fax: 718-1315
Comfort Keepers	(928)855-0005 Arlene @ 279-5527 or toll free (866)757-0005	In-Home Services: Companionship, Meal Light Housekeeping, Grocery Shopping, 2 Monitoring, Bathing & Grooming, Mobility Care, Medication Reminders, Feeding, Or lakehavasuz@comfortkeepers.com & w
Community Information & Referral	1-800-352-3792	
Department of Western Arizona Council of Governments	753-6247	Rent / Utility Assistance 208 N. 4th St., Kingman AZ 86401 Lori Lope x232 - LoriL@wacog.com
Heidenreich Katherine Adult Center	757-2778	1776 Airway Avenue
KRMC Hospice	692-4680	3269 Stockton Hill Rd Denise Nelson
Kingman Community Foundation	757-1704	2985 John L Avenue
Mohave County Community Development	753-0723	P.O. Box 7000 Dave Wolf: dave.wolf@co.mohave.az.us Robert Gonzales: hellomrmoe@yahoo.com Jennifer Burch
Praise Chapel	753-1909	Anger management, substance abuse, cc

Prayer Mountain Ministries	253-6484	2467 Mullen Dr. Joy Spurling: joyspurling@hotmail.com
Prayer Mountain Ministries	681-2585	3859 Potter Ave Valarie Ellsworth: v_ellsworth@hotmail.com

COUNSELING SERVICES

ABC Therapy Counseling Center	753-0409	Adult/Family Therapy, Substance Abuse Screenings. 2601 Stockton Hill Rd.
Area Agency on Aging	753-6247	208 N. 4th Street, Kingman AZ 86401 Doug Eubanks: deship_2000@yahoo.com
Arizona Children's Assoc	718-0828 / 718-0432	Family, adult, marriage counseling; anger substance abuse; domestic violence \$0 - \$75
Bauer, Karl, CISW	718-1181	Psychotherapist - Fax: 718-1191 701 Stockton Hill Rd
Behavioral Health Care Options	718-1010	Individual, family, marriage, anger management, child/teens, substance abuse Satellite office in Kingman - \$100+ / possible sliding
Catholic Social Services	718-1117	Contact: Larry Townsly, CMFT Jim Taylor: jtaylor@cssaz.org Family, adult, marriage counseling; anger substance abuse; domestic violence 2438 Kingman Ave - \$0 - \$75 Sliding
Cathy Cousineau, M.Ed, CPC	718-2175	Individual, family, marriage counseling, child/teens, substance abuse 2116 Stockton Hill Rd #C - Insurance
Department of Western Arizona Council on Governments	753-6247	
Doss, Ed.D, Minette Nance	718-0016	Psychologist
Foundation for Senior Living		1776 Ariway Avenue
Kingman Resource Center	692-2046	2795 Northern Avenue, Suite C Jeanne Caisse: grandvista@frontiernet.net
Parents Anonymous of Arizona	753-1000	480 W Hwy 66 Fax: 753-3360
Praise Chapel	753-1909	Anger management (adult & group only); 419 Harrison St - \$0 - \$75
Safe and Sound Counseling	928-377-9599	3990 N. Stockton Hill Rd. Suite F-124. R sliding.

Senior Services-Mohave County, Senior Programs	753-0763	753-0763 - Administration Office
TASC	753-9678	Family, adult, marriage counseling; anger children/teens; substance abuse, drug tes 2364 Kingman Ave - \$0 - \$75
Townsley, Larry	530-2472	Family, adult, marriage counseling 2040 Golden Gate Ave
Westcare	718-5888	DUI screenings; family, adult, marriage co substance abuse, domestic violence 220 1st Street - \$0-\$75 / Cash

EMPLOYMENT

D.E.S.	753-4441	301 Pine St
One Stop	753-4441	Mary Beauchamp: Mbeauchamp@azdes

FOOD, RENT, COMMODITIES, ETC.

Arizona Coalition to End Homelessness	480-227-0390	2735 S El Marino Dr - Mesa AZ 85202 Vic Hudenko: vhudenko@cox.net
Arizona Coalition to End Homelessness	602-340-9393	1735 NW Grand - Phoenix AZ 85007 Meggan Medina: mmedina@azceh.org
Arizona Department of Housing	602-771-1026	1700 West Washington St - Phoenix AZ 8 Mark Ludwig: markl@housingaz.com
A.R.C.	757-4858	Has items available for clients referred by 2050 Airway
Angel Manor	757-7929	
Community Development / HUD	753-0723	201 N. 4th St.
Cornerstone Mission Project	757-1535 / 757-5312	3049 Sycamore Avenue Shelter for men, showers available for bot Lisa Kelly: 681-3344 x224 - lisak@tacos. Kelly Fallis: cornerstone7777@hotmail.co
D.E.S. Family Assistance Administration	753-4441	301 Pine St Carla Reif: Creif@azdes.gov Patricia Moor: Pmoore@azdes.gov
Helping The Needy	753-5903	Wendy Rusciano

		Men & Women P.O. Box 1046, Kingman, AZ 86402-1046 Crisis Line: (928) 753-4242 Direct Line: (928) 753-9817 Fax: (928) 753-2597 Suzanne Clarke: KAAP@ctaz.com
Kingman Aid to Abused People (KAAP)	753-9817	
Kingman Community Foundation	757-1704	2985 E. John L Ave.
Kingman Crisis Line	753-4242	24 Hours
Kingman Food Bank	753-2050	1021 Buchanan Cecil Groves or Arnold Buss
Kingman Resource Center	692-2046	2795 Northern Ave #C
Mohave County Emergency Food & Shelter Program	757-0910	P.O. Box 7000 Byron Steward: byron.steward@co.moha
Salvation Army	718-2600	Some food, clothing & assistance - funding 217 E. Beale
Unisource Energy Services	681-8962	P.O. Box 3099 Eileen Jacobson: ejacobson@uesaz.com
WACOG	753-6247	Rent / Utility Assistance 208 N. 4th St.

LOCAL HEALTH INFORMATION

		318 North 5th Street 753-0743 - Admin 753-1748 - AHCCCS 753-0714 - Nursing Services 753-0794 - Nutritional Services 757-0901 - Environmental Health - 3675 E
County Health Department	753-0743	
Kingman Regional Medical Center (Social Services)	757-0663	3269 Stockton Hill Road Greg Ramey: gramey@azkrmc.com

LOCAL SUBSTANCE ABUSE - INFORMATION/HELP

MISCELLANEOUS

Arizona State Department of Public Safety	753-5551 - Emergency	2319 E Andy Devine Avenue 753-5552 - Non-Emergency
Highway & Weather Conditions	1-888-411-7623	
Kingman Police Department	753-2191	310 N. 4th St. Lisa Mallory: lmallory@ci.kingman.az.us
Mohave County Probation	753-0741 x4131	P.O. Box 700 Elaine Grissom: egrissom@courts.sp.sta
Mohave County Sheriff's Office	753-0753	P. O. Box 1191 Tom Sheahan: tom.sheahan@co.mohav

SUPPORT GROUPS

Alanon	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 7:00 pm, Mondays, Cholla Conference R 5:30 pm Wedensdays, Cholla Conference
Alcoholics Anonymous	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 2:00 pm, Tuesdays, Cholla Conference R 7:30 pm Wedensdays, Saguaro Conferen 7:30 pm, Saturdays, Saguaro Conference Women's Step @ 4:00 pm, Sundays, Cho
Arthritis	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 1:15 pm, 2nd Wedensday of the month, H
Bereavement	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 4:30 pm, 1st Monday of the month, Cholla 11:30 am, 3rd Monday of the month, Cho
Better Breathers	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 3:00 pm, 3rd Friday of the month, Hualap
Cancer	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 2:00 pm, 2nd Tuesday of the month, Hual
Cardiac Support	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 1:00 pm, 3rd Tuesday of the month, Hual
Care Givers	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 10:00 am, 3rd Wednesday of the month, H
CEO - How	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 10:00 am, Every Saturday, Cholla Confer
CODA (Co-Dependants Anonymous)	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 6:00 pm, Every Sunday, Saguaro Confere
Diabetes	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 7:00 pm, Last Tuesday of the month, Cer
Fibromyalgia	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 1:00 pm, Day after Arthritis Meeting, Neal

Gamblers Anonymous	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 7:30 pm, Thursdays, Hualapai Conferenc
KATT (Kingman Area Transition Team)	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 4:00 pm, 2nd Monday of the month, Cerbat
Narcotics Anonymous	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a MEN @ 6:30 pm, Thursdays, Cerbat Con Open Group @ 7:00 pm Sundays, Ocotilla "Stairway to Recovery" (Co-ed) @ 6:30 pm
OCD	692-2665	Kingman Public Library 3269 N. Burbank 6:30 pm, 2nd and 4th Monday of each mo
Parents Anonymous of Arizona		Kingman AZ 86401
Parkinson's	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 1:00 pm, 3rd Wednesday of the month, H
Stroke	692-4640	KRMC 3269 Stockton Hill Rd. krmced@a 11:00 am, 3rd Tuesday of the month, Hua

VICTIMS OF ABUSE - INFORMATION/HELP

Child Abuse Hotline	1-888-767-2445	
Arizona Coalition Against Domestic Violence	1-800-782-6400	Mon-Fri: 8:30-5:00 / www.acadv.org

PHYSICIANS

Aguila, Dr.	692-5200 Fax: 692-5252	1739 Beverly Ave #106
Ahmad, M. Imtiaz	753-6655 Fax: Same	1847 Pacific Ave
Al-Khatib, Jamal	757-4359 Fax: 757-4686	1753 Airway #A
Awan, Tamseela T.	757-1333 Fax: 757-2367	1720 Beverly Ave #B
Bauer, PhD, CISW, Karl	718-1181	Family, adult, marriage counseling; anger substance abuse; domestic violence 2002 Stockton Hill Rd #102 - \$100+ Slidin
Bennett, Ronald S.	692-5200 Fax: 692-5252	1730 Beverly #106
Berkenbile, David	757-1444 Fax: 757-2437	2401 Stockton Hill Rd

Bueno, Damaso	757-4359 Fax: 757-4686	1753 Airway #A
Bueno, Damaso	767-4444 Fax: 767-4441	Mt Tipton Clinic 15907 Don Nell Dr P O Box 605 - Dolan Springs
Daulat, J.	753-5340 Fax: 702-243-5012	2401 Stockton Hill Rd
Goel, S.	757-4359 Fax: 757-4686	1753 Airway #A
Govan, G. Ilan	692-1900 Fax: 692-7334	Mohave Primary Care - 975 Sycamore Av Jeff Boyett, PA
Jackson, Kenneth	692-3456 / 692-8222 Fax: 692-3464	Cerbat Medical Clinic - 1739 Beverly Ave
Joe, Sunnam	692-3456 / 692-8222 Fax: 692-3464	Cerbat Medical Clinic - 1739 Beverly Ave
Kalanithi, A. Paul	757-4359 Fax: 757-4686	1753 Airway #A Cheryl Webb, NP
Kalanithi, A. Paul	767-4444 Fax: 767-4441	Mt Tipton Clinic 15907 Don Nell Dr P O Box 605 - Dolan Springs
Khan, A.	757-4398 Fax: 757-4936	1790 Sycamore Ave #2
Khan, Mahmood	757-1333 Fax: 757-2367	3636 Stockton Hill Rd
Khan, S.	757-4384 Fax: 757-4936	1790 Sycamore #2
Lemanski, Anthony	692-3456 / 692-8222 Fax: 757-7224	1330 Sycamore #2
Lindsay, Charles	565-3939 Fax: 565-4111	4263 Hwy 68 #C - Golden Valley Brandon Brasher, P.A. / Jim Morris, PA
Mane, Sheila	681-3960 / 681-3944 Fax: 692-0067	1730 Beverly Ave
Mastakas, Michael	753-6668 Fax: 753-9797	Central Mohave Medical Clinics - 1915 St
	767-3555 Fax: 767-4611	P O Box 67 / 16055 Pierce Ferry Rd - Dol

Matcham, Joyce	718-8881 Fax: 753-3313	Sunrise Wellness Clinic - 2901 Stockton Hill Rd
Matthews	692-0088 Fax: 692-1911	1790 Sycamore #3
Vu, Shabnum	692-0088 Fax: 692-1911	1790 Sycamore #3
Morgan, Donald	692-4625	KRMC Family Practice Resident Clinic 1790 Sycamore #1 Residents: Drs. Seyler, Hamilton, Baron, V Lapertosa
	753-6668 Fax: 753-9797	Central Mohave Medical Clinics - 1915 Stockton Hill Rd
Nasef, Sherif	767-3555 Fax: 767-4611	P O Box 67 / 16055 Pierce Ferry Rd - Dolansville
Newmyer, C.J.	753-2888 Fax: 753-9350	1815 Stockton Hill Rd
Schiff, M.D., Laurence (psychiatrist)	718-1212	Family, adult, marriage counseling; anger substance abuse; domestic violence 2002 Stockton Hill Rd #102 / \$100+ Sliding Scale
Singh, Vinod K.	757-2050 Fax: 757-2020	1739 Beverly Ave #206
Southwest Medical Imaging Ctr	753-7776	3104 Stockton Hill Rd
Spencer, Cruey J.	692-3456 / 692-8222 Fax: 692-3464	Cerbat Medical Clinic - 1739 Beverly Ave
Subhan, Mohammad	757-3611 Fax: 757-7224	AIMS Physician & Surgeons - 3636 Stockton Hill Rd
Tariq, Arshad	757-3636	AIMS Physicians & Surgeons - 3636 Stockton Hill Rd
Tedesco, Joseph	692-3456 / 692-8222 Fax: 692-3464	Cerbat Medical Clinic - 1739 Beverly Ave

PHARMACIES

Albertson's	757-1302 Fax: 757-1117	3260 Stockton Hill Rd
K-Mart	757-3909 Fax: 757-1710	3340 E Andy Devine Ave

Smith's	757-3338	3490 Stockton Hill Rd
Uptown Drug	565-3900 Fax: 565-4004	4263 E Hwy 68 Golden Valley
Uptown Drug	753-6844 Fax: 753-7649	2820 E Andy Devine Ave
Uptown Drug	757-1131 Fax: 757-1108	4495 N Bank
Walgreens	692-1822 Fax: 692-6404	3487 Stockton Hill Rd
Wal-Mart	692-0444 Fax: 692-7016	3320 Stockton Hill Rd

LAKE HAVASU CITY COMMUNITY RESOURCES

(928) / 888 - 757-8111: 24-Hour Crisis/Emergency

Emergency / Fire & Rescue: 911

1-866-470-9518: 6:30pm - 11pm when you just need to talk

CHILDREN SERVICES

Arizona Children	680-4458	296 London Bridge Rd. #A
Head Start	680-6212	
Havasu for Youth Phoenix Job Corp	453-2426 1-800-949-9445	Mon-Fri: 8:00-4:00pm - Peer to peer tutor summer school, parks & rec; must have p 2395 N Smoke Tree Ave
Parc Place	1-800-844-6435	A treatment center for youth families, treat and emotional/behavioral problems. www

COMMUNITY ORGANIZATIONS/VOLUNTEER OPPORTUNITIES

AARP	855-5693	
Arizona Department of Veterans Services	505-4616	Assists with obtaining Veteran's Services S. Lake Havasu Ave. Ste. A
Comfort Keepers	(928)855-0005 Arlene @ 279-5527 or toll free (866)757-0005	In-Home Services: Companionship, Meal Light Housekeeping, Grocery Shopping, 2 Monitoring, Bathing & Grooming, Mobility, Care, Medication Reminders, Feeding, Or lakehavasuz@comfortkeepers.com & w
Community Information & Referral	1-800-352-3792	
Conway	1-800-346-8905	
First Call Information & Referral	855-8442	marylou.oconnell@unitedway.org

Humane Society	855-5083	
Lake Havasu Chamber of Commerce	855-4115	
Lake Havasu Tourism Bureau	453-3444	
Parks & Recreation Department	453-8686	
Public Library	453-0718	
Recreation Aquatic Center	453-2687	
Senior Citizen Center	453-0715	
Visitor Information Center	855-5655	Administration
Volunteer Program	453-8686	

COUNSELING SERVICES

ABC Solutions	453-5626	Contact: Pam Swanson Family, child, group - NO substance
Blythe Mental Health	760-922-8194	Therapy
Bowlin, CPC, Gary	855-9574	Therapy
Catholic Social Services	855-4960	Marriage, anger management
Chase Counseling Service	453-8003	Domestic violence, general counseling
Contact Behavioral Health	453-0404	Marital, family
Excel	928-669-6669 928-341-0335	Parker AZ Yuma
First Steps Counseling	453-4808	Substance Abuse, marriage
Havasu Crisis Line	855-8877	A "listening ear" for people dealing with alcohol abuse, divorce, mental health, suicide, or grief.
Hospice of Havasu	453-2111	Grief. 1:1 available for 2-3 sessions. Group program, walk-ins welcome. 15-20 in a group. 365 S. Lake Havasu Ave. 2277 Swanson
Interagency	453-5800	1940 Mesquite Ave. Domestic violence Rich Miers x228 - youth@citlink.net

Kaperonis, Dr.	680-0604	Psychiatrist
L.D. Lumpkin Parent's Anonymous Crisis Line	453-0404 1-800-352-0528	Medicare Contact: BH 24 hour
Reed, Ann Teen Support Line	453-9522 1-800-248-TEEN	Anger management, family

EMPLOYMENT

DES (Jobs)	680-4807	Contact: Vicki de los Reyes *Must be a c on DES cash assistance in order to qualif
Mohave County Community Development (Jobs)	453-0710	Contact: Susan McAfee / 1770 McCulloch

FOOD, RENT, COMMODITIES, ETC.

AFDC Food Bank	680-6003	
Abundant Grace Assembly Church	855-3689	Showers: Mon-Thu 9:00-4:00pm; Fri: Aft 3516 McCulloch Blvd
American Red Cross-Mohave County	453-9529	1600 Acoma #23
Anacapa	855-8808	Waiting list: 6 months
Arizona Childrens Association	680-4458	Independent Living Skills
Arizona Coalition to End Homelessness	480-227-0390	2735 S El Marino Dr - Mesa AZ 85202 Vic Hudenko: vhudenko@cox.net
Arizona Coalition to End Homelessness	602-340-9393	1735 NW Grand - Phoenix AZ 85007 Meggan Medina: mmedina@azceh.org
Arizona Department of Housing	602-771-1026	1700 West Washington St - Phoenix AZ 8 Mark Ludwig: markl@housingaz.com
Beckett House	855-7178	Waiting list: elderly
Briarwood Apts.	855-1447	Waiting list: elderly
Community Food Bank	505-6519	Open: Mon/Wed/Fri - 10:00am-2:00pm 1940 Mesquite Ave.
CRRYS Youth Shelter	768-1500	Contact: John, Brenda
Department of Economic Security (DES)		Food stamps, AHCCCS, cash assista child care administration, child protec 232 London Bridge Rd.

Hope Chest	453-3125	
HUD (Housing & Mohave County Community Development)	453-0710	Contact: Suzzane, Shawna
Interagency Council (WACOG)	453-5800	Utilities - 1940 Mesquite Ave #1
Lady of the Lake Soup Kitchen		Our Lady of the Lake Catholic Church - 1940 Mesquite Ave #1 Free to Everyone: Tue / Thu: 4:30pm-6:30pm
Lakeview Community Church	855-1942	Spaghetti Dinner: Wed 5:00-7:00pm 1699 W Acoma Blvd
LHC Abuse Prevention	505-0911	
Low Income Housing	855-8808 855-5180	Anacapa Apartments: 1206 Anacapa Drive Casa del Lago: 3140 Kearsage Drive
Marna	680-7978	Call backs on Wed; only leave message
Meals on Wheels	453-0715	
Mohave Community Development	453-0710	Waiting list: 1-1/2 years
Mohave County Health Department		453-0704 - <i>AHCCCS</i> 453-0703 - <i>Nursing Services</i> 453-0716 - <i>Nutritional Services</i> 453-0712 - <i>Envrionmental Services</i> 2001 College Ave.
Parker Crisis Shelter	1-888-499-0911	Parker AZ - Women with children
Salvation Army	505-3933	2030 McCulloch Blvd Thrift Store: Mon-Sat: 9:00-4:00 (Closed Sun) Free Sandwiches: Wed-Fri 11:00-2:00pm Shelter & Clothing: Contact: Dede Lively Office: 2049 Swanson Ave / 680-3678
Senior Citizens Center	453-0715 1-800-293-9393	Mon-Fri: 8am-4pm - Food commodities available level on Fri after the 3rd Tue of the month week, donation requested; legal assistance available 2223 Swanson Ave
St. Vincent's de Paul	453-3125	Tue-Sat: 8am-4pm - Food bank program: get \$35-\$40 worth of food EBT card accepted (income). Thrift shop available: provides ticket, gas if funds are available.
Sahuaro Living	680-2967	1850 & 1851 Commander Ave. All utilities and amenities provided in shared
WACOG	669-9466	Contact: Marna Logan / Utilities - only on 296 London Bridge Rd

Western Arizona Council of Government (WACOG) 680-7978 BY APPT ONLY: Utility bills & rentals (W

LOCAL HEALTH INFORMATION

Mohave County Health Department	459-0703/453-0712	2001 College Drive - 8:00-5:00pm: immu 1:00-4:00pm Available services: immunizations, pregn medical exams. Fee depends on income
WIC	453-0716	2001 College Drive - Mon / Wed / Thu: 7:
Long Term AHCCCS	453-5100	285 S. Lake Havasu Ave.
Pregnancy Care	855-2273	2176 McCulloch Blvd., #4 - Mon / Wed / F Free pregnancy & birth control, counseling maternity, infant & toddler clothing (when these verifications on pregnancy for medic
Social Security Administration	453-0715	Mon only - 9:00-12:00pm; 1:00-3:30pm - 2 new & replacement SS cards or call 1-800
Workman's Compensation (State Fund)	505-8134	1915 McCulloch Blvd #B
Caring Presence	854-7878	Contact: Jeff Wallace through Evercare Case-by-case, very short-term with AHCC

LOCAL SUBSTANCE ABUSE - INFORMATION/HELP

Westcare	<u>505-3030</u>	Alcohol Screen AM, Substance
Westcare LV	702-383-4044	Detox

MISCELLANEOUS

SUPPORT GROUPS

DOMESTIC VIOLENCE SUPPORT GROUP	453-5800, EXT. 224	through interagency. Tuesdays 4-5 pm. (
Fibromyalgia Support Group	453-8190	Havasu Community Health Trust. 2126 M Wednesday

Mohave County Tobacco Use Prevention Program	453-0734	Stop smoking classes. Monday and Wed
Parkinson's Disease Support Group	680-0825	Wednesdays, Senior Center, 1:30 pm

VICTIMS OF ABUSE - INFORMATION /HELP

Adult Protective Services - DES	680-6002 1-877-767-2385	232 London Bridge Rd
Arizona Coalition Against Domestic Violence	1-800-782-6400	Mon-Fri: 8:30-5:00 / www.acadv.org

Child Protective Services	680-6001 1-877-767-2445	232 London Bridge Rd
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Child Abuse Hotline	1-888-767-2445	
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PHYSICIANS

Byrd, Lorraine	854-1800	Lakeview Family Health Care - 2090 N Sr
Carls, Jeffrey	855-1550	FPS Medical Center - 1720 Mesquite Ave
Diehl, Craig	855-7773	Lake Havasu Pediatrics - 1945 Mesquite
Dux, Peter	855-1550	FPS Medical Center - 1720 Mesquite Ave
Kalin, Gene	855-1016	Midwest Internal Medicine - 1840 Mesquit
Malik, Javed	855-1550	FPS Medical Center - 1720 Mesquite Ave
McDonald, Harrison	453-8500	Midwest Internal Medicine - 1840 Mesquit
Nelson, Donald	855-4128	1945 Mesquite Ave #A
Nudelman, Glenn	453-8500	Midwest Internal Medicine - 1840 Mesquit
Ong Veloso, Angelo	453-8500	Midwest Internal Medicine - 1840 Mesquit
Oyas, Vic	680-1919	Havasu Rainbow Pediatrics - 1980 Mesqu
Register, Marc	855-1550	FPS Medical Center - 1720 Mesquite Ave
Rosen, Michael	855-1550	FPS Medical Center - 1720 Mesquite Ave
Sabowitz, Brian	453-6963	Blue Water Internal Medicine 1948 Mesquite Ave #101
Tibbetts, Teresa	855-1550	FPS Medical Center - 1720 Mesquite Ave
Tobin, Dianne	680-9800	2035 Mesquite Ave #C

Urso, Mary Jo	680-2846	99 Riviera Blvd
Ward, Kelli	854-1800	Lakeview Family Health Care 2090 N Smoketree Ave
Wiese, Megan	854-6249	2130 Mesquite Ave #106
Wrona, Thomas	453-8500	Midwest Internal Medicine - 1840 Mesquit

PHARMACIES

Albertson's	854-5311	1980 McCulloch Blvd
Apothecary Shop	855-0106	1840 Mesquite Ave.
Bashas	854-9551	3200 Maricopa Ave.
Food City	855-2494	
K-Mart	453-8118	1870 McCulloch Blvd
Safeway	855-9200	1650 N. Acoma
Smith's	680-4449	80 N Acoma Blvd
Walgreens	453-2808	25 Lake Havasu Ave.
Wal-Mart	453-8515 453-5193	1795 Kiowa Ave 1 Hour Pharmacy

BULLHEAD CITY COMMUNITY RESOURCES

(928) / 888 - 757-8111: 24-Hour Crisis/Emergency
1-866-470-9518: 6:30pm - 11pm when you just need to talk

Emergency / Fire & Rescue: 911

CHILDREN SERVICES

Boys & Girls Club	763-1411 / Admin	753-5236 - Clubhouse: 763-6616 Before & after school services; programs technology education, arts & crafts, preven
Bullhead Area Community Partnership for Special Needs	788-8000	Promoting & improving the health, future o special needs by building partnerships wit providers (both public & private)
Child Care Administration & Child Protective Services	704-7776	Hot Line: 1-800-767-2445 Federal & State subsidized child care; info protective services
Child Find	758-8858	Providing services for children with disabili
Childhelp USA-Merv Griffin Village		www.childhelpusa.com Abused children

Colorado River School District	788-1275 768-1665	Robert O'Keefe: rokeefe@cruhsd.org Judy Reed: jreed@cruhsd.org
COYOTE (Coalition Youth Team Summer Program)	758-0702	Aimed at introducing teenagers to job skills, summer jobs, help applicants fill out applications, ethics
DES - Division of Child Support Enforcement	1-800-882-4151	Locate non-custodial parents, establish paternity orders, collect child support payments
Foster Care	763-5554	
Gatehouse		www.strugglingyoungadults.com Drug addiction - young adults
Head Start Program	753-7713	208 N 4th St-Kingman / 1112 Arizona Ave Participating children between age 3-4 by 3 years old such as medical & dental, immunizations, language, hearing, vision, learning or emotional/physical/orthopedic problems
Salvation Army Junior Division of Community Caring Ministry	758-3141	Ages: 7-13 - Visits nursing homes once a month, activities for the elderly; goal is to develop relationships with members & senior citizens & gain understanding of elderly, infirm, handicapped and/or housebound
Special Olympics	768-1791	Programs in basketball, cheerleading and other sports for people with mental retardation who are 8-years-old to 18 years old. Teenagers, young adult & adult volunteers
Westcare Needles, First Five of San Bernardino County	760-326-3135	Offers free services to the community including: child development skills for children 0-5 years & counseling
Youth Community Recreation Activities	704-4625	Offering year round indoor climate controlled recreation for teens; scholarships offered

COMMUNITY ORGANIZATIONS / VOLUNTEER OPPORTUNITIES

4-H	753-3788	Ages 5 - 19
AARP Bullhead Chapter	758-3808 - Gloria	Call for times & meeting place
Adult Playhouse Theatre	763-0158	Riviera Recreation Center; adults interested in performing arts
All PAWS	768-4381	Non-profit animal welfare group
American Business Women's Association	702-298-1081	Meets: 3rd Tue/Month @ 6:00pm; brings members from various backgrounds & provide opportunities for them to meet personally & professionally

American Legion Post 60	758-2811	
American Legion Post 87	758-5752 / 768-3724	
American Red Cross	758-9330 1-888-285-0909	Volunteers needed (especially for Bullhead
Arizona's Children Association	758-0671 or 758-3062	1099 Hancock Rd
Bible Study - Community Lutheran Church	763-2422	Each Wed @ 7:30pm, all ages
Bullhead City Clean & Beautiful	763-0123	Mission: to improve the image of the city
Bullhead City Master Gardeners	704-4105 x3	Offers workshops on gardening at various
Bullhead City Senior Center	763-0193	Open: Mon-Sat (transportation provided) Activities include: exercise class, bingo, A
Bullhead City Volunteers	763-9400	Volunteer for the City in many different ca switchboard, TV4; Volunteers choose time Application process required
Catholic Social Services of Mohave - United Way Agency	758-4176	1370 Ramar Rd #D
Christian Women's Group (AGLOW)	758-7094 - Marcia 758-4148 - Margaret	Sponsored through International Lighthou the opportunity for Christian women to gro
Co-Ed Softball League	763-0158	Bullhead City Recreation Division
Colorado River Historical Society	754-3339 / 758-3808	Involved in the history of Bullhead City an
Colorado River Quilters	768-9308 - Judy	9:00am-1pm, 1st & 3rd Tue/Month - Rivie 6:30pm-9:30pm/Monday: First Baptist Ch 5360 S. Calle Valle Vista, Fort Mohave
Comfort Keepers	(928)855-0005 Arlene @ 279-5527 or toll free (866)757-0005	In-Home Services: Companionship, Meal Light Housekeeping, Grocery Shopping, 2 Monitoring, Bathing & Grooming, Mobility, Care, Medication Reminders, Feeding, Or lakehavasuz@comfortkeepers.com & w
Community Emergency Response Team (CERT) Training	768-9113	Call for training dates; designed to prepar their families, neighbors & work mates in training provided in light fire suppression, 1st aid, disaster psychology, team organi handling & terrorism awareness
Community Information & Referral	1-800-352-3792	

Community Pride Advocates, Inc.	763-3773	Volunteer group of residents who work to improve our community; dedicated to bringing the BHC
Conway	1-800-346-8905	
Court Appointed Special Advocate (CASA)	453-0705 x3730 753-0795 x4412	Volunteer service which help abused & neglected children as they go through the court process
Dental Hygiene Program (Mohave Community College)	757-830	2-year program; financial aid & scholarship
Disabled American Veterans Van Services	763-0028	Volunteers needed for drivers & office disbursements for veterans who need transportation
Family History Center	760-326-3363	Free - Church of Jesus Christ of Latter Day Saints members wish to research their family history
Fun Seekers	768-1726 - Sue 768-7361 - Nick	1st & 3rd Wed @ 7pm: Colorado River Valley Senior Center 1611 Marble Canyon Road; Cost: \$5/per person For people over 45, promotes community bonding through having dances, dinners & trips
Golden Shores Community Center	768-2121	Exercise classes, square dancing, AA meetings
H E L P	758-2445	2275 Trane Rd. Open: 9:00-1:00pm
Home Garden Days	768-5250	Meetings of master gardeners; plant specimens
Justice Court Mediation Program	758-0709	Contact: Laura Billings - act as neutral party to help parties reach a negotiated settlement
Kiwanis Club	704-2676	
Laughlin Senior Association	702-298-5445	10:00am-4:00pm, Mon-Sat: Spirit Mountain Senior Center Activities include trips, bridge, bingo, bunnies
Lions Club	758-2606	Provides eyeglasses to those who can't afford them
Mohave County Children's Choir	788-1374	Students in Grades 5-8 through Mohave County School District for community activities and 2 concerts
Mohave Literacy Council	704-6539 / 768-9440 / 758-9116	Tutors needed to help adults learn reading & writing
National Association of Retired Federal Employees	753-3788	Call Bullhead Library for more information
Needles Regional Senior Center	760-326-4789	Different activities, including exercise classes, bridge, bingo, meals

Neighbors Helping Neighbors	763-9400 x182	Volunteers with others to help clean up di areas
Senior Circle Association	763-0282	National non-profit organization committed 50; provides access to discounts including of activities & events, exercise & wellness Annual Membership Fee: \$15
Set Free Christian Fellowship	754-5070	P. O. Box 517 Contact: Richard Gonzalez
Silvery Colorado River Rock Club	768-1417 / 702-298-3395	
Special Olympics	768-1791	Programs in basketball, cheerleaing and t retardation who are 8-years-old to adult a youn adult & adult volunteers needed
St. Vincent de Paul	758-3757	Volunteers needed to help sort clothes, pi
Veterans of Foreign Wars Post 243, Laughlin	702-301-1592	Meets 3rd Thursday/month at 5pm (PST),
Vietnam Veterans of America Chapter	692-0553 - Gene	Promote & support the full range of issues a new identity for this generation of vets & Vietnam vets
WAGOC (RSVP) Retired Senior Volunteer Program	1-800-782-1886	Programs to coordinate retired seniors wh talents to benefit the community, especial talents to needed services in area
WARMC Auxiliary Association	704-6721	Volunteers given time & service back to p in the hospital
<u>COUNSELING SERVICES</u>		
ABC Therapy Counseling Center	763-4600 1-888-459-1600	Domestic violence, individual, family
Evans, Dr.	763-0250	Psychiatrist
Harmony Healthcare	763-0250	Family, adult, marriage counseling; anger substance abuse 3003 Hwy 95 - \$100+ (possible discount v
Hope Counseling	758-7288	Answer management, relationships
Shadow Mountain Counseling	763-6855	Counseling
Solutions One-Step Counseling	704-8587	Full service counseling center, DUI, recov

WestCare	763-1945 763-7233	1748 Hwy 95 #14 Tobacco prevention, sexual abstinence prevention, pregnancy preservation, drug & alcohol counseling, and violence counseling, DUI screening only Kim Miles: kmiles@westcare.com Jessica Willson: jessica.willson@westcare.com
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EMPLOYMENT

Labor Ready	704-9675	Temporary employment: 2011 Commercial
Manpower Full Staffing Service	758-3434	Temporary employment: 2250 Hwy 95, B
One Stop Resource Center	758-0702	No cost service for employers & job seekers, workers & older workers
Westcare Teen Employment - Needles	760-326-6445	Free; offers tutoring, interview training, job

FOOD, RENT, COMMODITIES, ETC.

Arizona Coalition to End Homelessness	480-227-0390	2735 S El Marino Dr - Mesa AZ 85202 Vic Hudenko: vhudenko@cox.net
Arizona Coalition to End Homelessness	602-340-9393	1735 NW Grand - Phoenix AZ 85007 Meggan Medina: mmedina@azceh.org
Arizona Department of Housing	602-771-1026	1700 West Washington St - Phoenix AZ 85007 Mark Ludwig: markl@housingaz.com
American Heroes Foundation	702-298-6264	Monies collected & donated to recognize
American Red Cross of Mohave County	758-9330	Serves the region with emergency disaster relief, CPR, First Aid, water safety instruction, se
Bullhead Safe House	763-7233	Women only
Caring Presence	854-7878	Non-medical in-home care provider available for housekeeping, meal preparation, laundry, shopping
Clark County Health Department - Laughlin	702-299-0598	Laughlin Community Resource Center, 550 N. 1st 1st Wed/Month - 9:00am-1:00pm 3rd Wed / May - August Holds a family planning clinic & child health
Colorado River Food Bank/Community Closet - Laughlin	702-299-6003	Food bank & clothing
Colorado River Region Youth Shelter (CRRYS)	763-1945	Provides emergency shelter services for homeless youth, crisis intervention, family conflict resolution/mediation, and education encouragement

Commodity Food Program	704-0068	Knights of Columbus, 2047 Commerical V families, elderly & unemployed one-time r
Community Development Department One Stop	758-0702	Emergency housing & assistance program payment/rent, WIA referrals, jobs, shelters volunteers, One Stop Resource Center &
Davis House	763-4570	Care for seniors
Department of Economic Security (DES)	704-7776	Employment Security Administration, une Assistance Administration, general assista payment programs, medical assistance, c qualify, AHCCCS to those who qualify
Disabled American Veterans Van Services	763-0028	Help veterans who need transportation to for appointments
Eldercare	757-2778	Offers adult day care services
Family Resource Center - Laughlin	702-298-2592	Mon-Fri / 8:00am-4:00pm: Offers variety residents; includes addiction groups, basi neglect, companion services, consumer c counseling, dental services, adult educati legal services, pregnancy & parenting sup rent & utilities assistance, welfare issues a
Help Inc	758-2445	Emergency food box for needy clients; me charge, reassurance phone calls to elderl and referrals as possible
Hospice of Havasu	1-888-468-2111	Serves Lake Havasu City, Parker, Topac volunteers & professionals serving the ph the terminally ill in the communities & thei
Housing Rehabilitation Program	763-9400 x333	Helps low income residents who need hel
HUGGG	758-7600	Help Us Get Good Government
Mohave County Housing Authority	753-0723	Accepts applications for placement on wa Rental Assistance for Mohave County; inc
Mohave Literacy Council	704-6539 / 768-9440 / 758-9116	Tutors available to help adults 18+ to lear preparation, help with citizenship & attain
New Hope Hospice of Nevada, Inc.	1-866-335-4673	Serves Bullhead City & Laughlin area: pr equipment/supplies, prescription medicati physician visits, nutritional counseling, be inpatient care, continuous home care

Self-Help Ownership and Renovation	718-1888	Applicants must meet the guidelines for local health department, helping residents become homeowners & renovate homes
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LOCAL HEALTH INFORMATION

Blood Pressure Checks	758-4064	Hancock Fire Station: Tues - 9:00am-12:00pm
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Bullhead Cosmetic Dental & Implant Center	704-0144	Dr. Steve Marteney; AHCCCS dental provided
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Clark County Health District	702-299-0598	Call: Mon-Fri: 8:00am-4:30pm 1st Wed/Month: 9:00am-1:00pm - holds in Laughlin Community Resource Center 1st Wed/Month: 9:00am-1:00pm - Family Health Center
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County Health Department	758-0704	758-0705 - AHCCCS 758-0703 - Nursing Services 758-0722 - Nutritional Services Environmental Health Offices - 130 Hancock
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Family Planning Services	758-0703	Free or low cost family planning services
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Freshstart Stop Smoking Class (WARMC)	704-6721	1st Tues/Month: Four 1-hour classes on tobacco
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Glaucoma Information	1-800-391-3937 eyecareamerica.org	Information on glaucoma & other eye diseases and eye care services
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Health Start Program	758-0703	Special services for expectant mothers & pregnancy
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HIV / AIDS	1-888-735-3711 x3731	Provides essential services to individuals with HIV/AIDS
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Mohave County Health Care Services		www.HealthELinks.com Link to website to access all the facts & information on health services & resources in Mohave County
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Mohave Family Healthcare	326-2711	Dietary consultations, weight loss classes
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Pregnancy Care Center	763-4410	2636 Hwy 95: Free & confidential pregnancy care support & parenting education
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Prenatal Classes (WARMC)	763-0627	Every Monday Evening 6:00pm-8:00pm; topics include prenatal management, breathing & a tour of the unit
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Senior Foot Care - Laughlin	702-299-0598	3rd Tue of every even month; 4th Tue of every odd month Program for seniors over age 60; services include foot exams, trimming toenails
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LOCAL SUBSTANCE ABUSE INFORMATION / HELP

24/7 On-Site Substance Testing	702-298-8141	DOT certified drug & breath alcohol testing
Behavioral Health Care Options	763-0250	Individual, family, marriage, anger management
Hope in New Beginnings Foundation	702-298-5777 1-800-315-4673	55 Civic Way, Laughlin: Thu/Fri: 8:00am-5:00pm Offers counseling treatment programs for individuals who are depressed & anxious or who have other co-occurring mental health issues and 2nd Level DUI offenders, traffic citation review, substance abuse treatment & other court-ordered programs
WestCare	763-1945	Deals with battered women, safe house for women, mental health programs, geriatric care, marriage counseling, substance abuse treatment, youth shelter for runaways & children in crisis
Westcare Laughlin	702-299-1042 1-800-718-8159 - Pager	24/7 - provides assistance to female victims of domestic violence; help; staff provides outpatient counseling for substance abuse, alcohol & drug abuse

MISCELLANEOUS

AARP Grief & Loss Program	1-888-687-2277	www.griefandloss.org Grief & loss programs & resources available for individuals seeking information, resources & support, including bereavement support groups, consumer tips, online journaling & information on local support locations
American Council for Drug Education	1-800-488-3784	
American Heart Association	763-7070	Fighting heart disease & stroke
Arizona Braille & Talking Book Library	1-800-255-5578	Recordings of books & magazines that can be accessed in a 30-day month period; also offers more than 100 movies called "described movies" that explain what happens
Bullhead City Animal Control Shelter	763-6000	Provides some pet food to help lower income pet owners
Bullhead City Municipal Court	763-0130	1255 Marina Blvd. - Mary Stringer: mstringer@bullheadcityaz.gov
Covering Kids & Families	1-877-543-7669	Lost cost or free health care coverage through the Project of Robert Wood Johnson Foundation

DES - Aging & Adult Administration	704-7776	Medicare/Medicap information, Medicare Fund AAA nutrition & community social services; Ombudsman, legal services; adult protective services; employment & training funding for low-income program, non-medical HCBS system, elder abuse
GED Examination - Needles GED Classes	760-326-3372 758-3926 x4431	Palo Verde Community College Mohave Community College
Legal Aid Organizations Library - Bullhead City	753-3788	AZLawHelp.org State-wide web site to help low income individuals find legal assistance closest to where they live; site provides information about civil legal issues; information on seniors, housing, immigration, Native American issues, money
Library - Needles	760-326-9255	Offers resources including: books, periodicals, and internet access
Make-A-Wish Foundation	1-800-442-9474	Granting the wishes of children with life-threatening diseases with human experience with hope, strength & joy
Mohave Literacy Council	704-6539 / 768-9440 / 758-9116	Tutors available to help adults 18+ to learn to read & GED preparation
National Institute of Mental Health Information Center	1-866-615-64664	
National Poison Control	1-800-222-1222	
National Sexual Assault Hotline	1-800-656-4673	
Night Readers Book Club - Laughlin	702-298-1081	Meets monthly: 5:00pm to discuss different books
Remuda Ranch		www.remudaranch.com Eating disorders
Rosewood Ranch		www.rosewoodranch.com Eating disorders
RUFF (Rescue Your Furry Friends)	758-4835	Contact: Hillary Allison; Animal rescue; no-kill shelter
SCORE	453-5951	Retired executives provide completely FREE business consultation for those wanting to start a new business; service organization affiliated with the U.S. Small Business Administration
Senior Wheels USA Program	1-800-246-6010	Makes available electric wheelchairs to seniors who are permanently disabled at NO COST to the user; program for those who cannot walk & cannot self-propel

Social Security Administration	1-800-772-1213	Bullhead City - Bashas' Plaza: Mon-Tue 1:00-4:00pm - Old Airport Terminal 600, H Needles - Tue-Fri 9:00am-4:30pm (PST)
Special Olympics	768-1791	Programs in basketball, cheerleading and mental retardation who are 8-years-old to teenagers, young adult & adult volunteers
The Meadows		www.themeadows.org Drug, alcohol & sex education
Vision USA	1-800-766-4466	www.aoa.org/visionusa FREE eye care program for low income, v
Well Woman Health Check	1-888-257-8502	Created for women over 50 who do not ha a mammogram or Pap test
Willed Body to Science Program	1-800-417-3747	www.sciencecare.com Will your body for research

SUPPORT GROUPS

12-Step Support Group for Eating Disorders	768-5033 / 758-4469	Riviera Baptist Church, meets weekly: Tues-6pm; follows a structured food plan
AA Friends of Bill W	702-298-2535	Riverside Casino: Fri-7pm. Meetings held
Adult Sexual Assault Victims	704-7070	Wed: 5:30-7:00pm; weekly support group Contact: Ann Trilby for place of meeting
Al-Anon 12-Step	788-2464	Community Lutheran Chuch, 2275 Ricca
Alateen	768-8071	Teen meeting support group for those gro
Alateen	768-8071	12-step support group for young family m
Alcoholics Anonymous	763-4449 / 1-800-864-1606	12-step support group for alcoholics
Alcoholics Anonymous	702-298-2535	Riverside Casino: Sun/Tue/Thu: Noon; M Wed/Thu/Fri: 7pm - ask for banquet depa
Alzheimer's Support Group	692-4640 1-800-272-3900	KRMC: 3rd Wed/Month: 10:30am. Conta Nearest location: www.alz.org/resourcece
Amputee Support Group	565-9510	Kingman Regional Hospital - call for time
Been There (Cancer)	758-2327	Cancer awareness

Bereavement Support Group	763-6979 - Nancy	Call for time & date. Meets for 8 weeks in due to the death of a loved one may attend required
Caregiver Support Group	763-0282 - Diane	Call for time & date. Groups objectives are giving, including mental, physical and emotional
Compulsive Eaters Anonymous	763-5029	Fox Creek Reserve: Mon: 4pm
Diabetes Support Group - Ft. Mohave	760-326-4531 x258	Contact: Sherri Caddy - Ft. Mohave Fitness and discussion on everything from symptoms pumps; open to anyone with diabetes, the
Diabetic Education Classes & Support Group (WARMC)	704-6721	WARMC Education Center, Bldg 3 - 3rd Floor covers a different topic about living with d
Fibromyalgia-Chronic Fatigue Syndrome Support Group	758-1407 - Elaine	Call for time & place
Gamblers Anonymous	763-0888 1-800-522-4700	
Gastric Bypass Support Group (WARMC)	704-6721	WARMC Education Center, Bldg. 3 - 4:30 remaining Tue/Month w/o instructor. For gastric bypass surgery or are even concerned about the nutritional & lifestyle changes m
Grandparents/Kinship Caregivers Raising Children Support Group	768-1326 / 768-8860	Support group for those raising children for
Insights Support Group (domestic violence)	704-7629	Free - Tue: 1-3pm @ Tri-State Victim Resource Center. This support group will provide an environment where members can share their experiences, validate each other's feelings by coping skills & experiences
Military Moms Support Group	768-5576 - Cindy	2nd Mon/Month @ rotating locations; all for those serving in the military are invited
Mommy and Me Group	758-2965	Contact: Cathy Stubblefield; for mothers of community mothers & children
Multiple Sclerosis Support Group	758-3561	Contact: Ed Kiesel; includes Laughlin/BH
Narcotics Anonymous	788-2262 1-800-892-9329	Call for information re: meeting time & place
Overeaters Anonymous	754-5132	12-step program (support group)
Overeaters Anonymous (Laughlin)	702-299-9996 - Agatha	Thursday: between 10:30am-12:00pm (P) Laughlin Spirit Mountain Activity Center

Pulmonary Support Group

Call for time & meeting dates; open to any

Quality of Life (Cancer Support)

763-4673

Open 9-4pm/Mon-Fri, Monarch Mission S
Provides nutrition supplements, wigs, hats
prosthetics & bras supplied to those who
group meets @ 5:30pm 4th Tue/month @
include Man to Man, a prostate cancer su
breast cancer patients

Social Anxiety Group

<http://anxietynetwork.com> - Offers support
members exchange coping skills with onli
with social phobias.

Stroke Survivor's Support Group

760-326-7215
Needles

Colorado River Medical Center, Needles
2nd Wed/Month - 10:30-11:30am (PST); s
attend

Survivors of Incest Group

763-5688

TOPS (Take Off Pounds Sensibly)

758-2172 / 763-8125

Weight loss program & support group

Vietnam Veterans Support Group

758-5905

Vision Impaired Persons' Support Group

758-5514 / 758-4835 /
768-1860

Senior Nutrition Center, Trane Road: 4th
Anyone with vision problems (family & frie
include assistance with eyeglasses, exam

We Care Support Group (cancer)

758-2327

Meetings: Bullhead City Library; for wom
their families; gather information & discus
setting; provides prosthetics, make-up, sk

Weight Watchers

1-800-966-2096

Widow's Support Group

Contact: Rev Ann Coolidge - sponsored b
Meets every 2nd & 4th Mon of the month

Writer's Support Group (Laughlin)

788-3820

Laughlin Library - every other Tue @ 12p
Purpose: help writers with their work (wh
advanced); group critiques each other's m
different writing techniques

VICTIMS OF ABUSE - INFORMATION / HELP

Arizona Coalition Against Domestic Violence

1-800-782-6400

Mon-Fri: 8:30-5:00 / www.acadv.org

Child Abuse Hotline

1-888-767-2445

Community Action Against Rape (CARR)

702-366-1644
1-800-553-7273

Provides crisis intervention, advocacy, su
violence & their surrounding communities

Domestic Violence Hot Line

1-800-799-7233

Safe Nest of Laughlin	702-298-4431	Access to hotline 24/7 Laughlin Professional Plaza, 35650 St Po counseling office staffed Thursdays; provi involved in violent relationships including
Trauma Intervention Program (TIP) - Laughlin	702-298-2592	Provides emotional support to people who
Tri-State Victims Resource Center, Inc.	704-7070	Committed to providing a single, full servi quality services can be directed to reducin discuss their issues with qualified profess assistance in making their impact stateme suspect & pretrial conference; assistance for compensation; help for victims filing fo Injunction Against Harassment; appointme arranged or immediate on-site counseling reports & trauma counseling; sexual assa adults, can be examined on-site immediat
Unity Home Domestic Violence Outreach Center (Needles)	760-326-9170	After Hours: 1-866-367-6638 Wed - 10:00am-12:00pm - independent liv Thu - 10:00am-12:00pm - women's supp Fri - 10:00am-12:00pm - parenting classe
WestCare	763-1945	Deals with battered women, safe house fo programs, geriatric care, marriage counse youth shelter for runaways & children in c
Westcare Laughlin	702-299-0142 1-800-718-8150 Pager	24/7 - Provides assistance to female victi help; staff provides outpatient counseling alcohol & drug abuse

PHYSICIANS

Alvarez, Jose	758-1010	OB/GYN Womens Centre - 2055 Hwy 95
Anderson, Donovan	768-7113	Willow Valley Medical Center - 8700 Hwy Mohave Valley
Barton, Alan	788-8000	Colorado River Pediatrics - 5300 Hwy 95 Fort Mohave
Beneze, Nathan	758-7700	Beneze Medical Group - 3003 Hwy 95 #7
Brennan, Cynthia	763-9290 Fax: 763-7628	Silver Creek Family Practice - 1510 Turqu
Cunningham, Kaye	768-2558 Fax: 763-7628	5300 S Hwy 95 #G - Fort Mohave

Goldstein, Charbonneau, Christi	704-4499	All Womens Regional Medical Center 2500 Canyon Rd
Hubbard, Mark	768-9496	5300 S Hwy 95 #A - Fort Mohave
Katigback, Cesar	763-9290 Fax: 763-7628	Silver Creek Family Practice - 1510 Turqu
Khatib, Nadim	763-9290 Fax: 763-7628	Silver Creek Family Practice - 1510 Turqu
London, Theodore	704-2299	Tri State OB/GYN - 3003 Hwy 95 #31
Malik, Javed	763-2001	Desert Palms Medical Associates - 3015
Puyana, Alfonso	763-9290 Fax: 763-7628	Silver Creek Family Practice - 1510 Turqu
Rafiq, Shamid	758-0183	Childrens Medical Center - 1225 E Hanco
Reyes, Marilou	763-6363	AIMS Physicians & Surgeons - 1555 Ram
Rodman, Annie	704-2623	3015 Hwy 95 #107A
West, Gerald	788-9378	5300 S Hwy 95 #D - Fort Mohave
Wilson, Charles	788-1900	5300 S Hwy 95 #H - Fort Mohave
Womack, William B.	768-9496	Mohave Family Healthcare - 5300 S Hwy Fort Mohave
Zehri, Waheed	758-0121	Desert Oasis Medical Center - 1225 Hanc

PHARMACIES

CVS	758-2212	2350 Miracle Mile
K-Mart	763-7272	2250 Hwy 95
Smith's	763-8777	1775 Lakeside Dr
Smith's	330-3704	4747 Hwy 95 Fort Mohave
Walgreen's	763-5858	2360 Hwy 95
Wal-Mart	758-3222	2840 Hwy 95