Mechanical Restraint
(42 CFR 482.13(1)(i)) A physical or mechanical device, material, or equipment attached or adjacent to a behavioral health recipient’s body that the person cannot easily remove that restricts the freedom of movement or normal access to one’s body, but does not include a device, material or equipment:
   a. Used for surgical or orthopedic reasons; or
   b. Necessary to allow a person to heal from a medical condition or to participate in a treatment program for a medical condition.