

Northern Arizona Native American Resource Directory

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**NORTHERN ARIZONA
UNIVERSITY**
Social Research Laboratory



NARBHA
Northern Arizona Regional Behavioral Health Authority

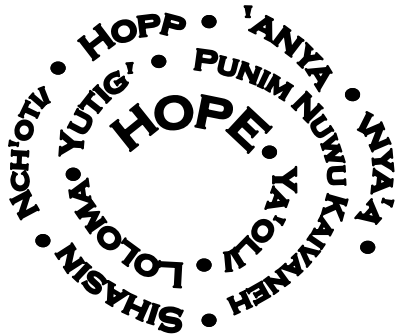
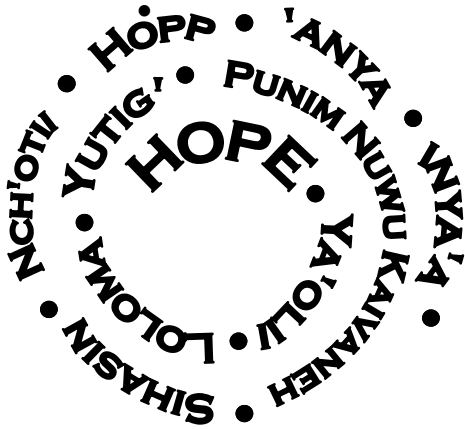


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Northern Arizona 2007 Resource Coordination Team

Petrice Post, MA
Community Development & Wellness Manager
Northern Arizona Regional Behavioral Health Authority

Northern Arizona Native American Suicide Prevention &
Awareness – MBRACE Life Planning Circle

Anne Mottek-Lucas, *Project Manager*
Social Research Laboratory, Northern Arizona University

Questions regarding the information can be directed to:

Northern Arizona Regional Behavioral
Health Authority (NARBHA)
1300 S. Yale Street
Flagstaff, AZ 86001
1-877-923-1400
www.narbha.org

Registration of Services/ Agencies for Native American Communities

Northern Arizona Regional Behavioral Health Authority (NARBHA) is working to develop a comprehensive directory of mental health, substance use/abuse, suicide and domestic violence services and agencies available to Native American community in northern Arizona. This resource directory will continue to be updated and available to the community in paper form and on the NARBHA website at www.narbha.org. If you know of any programs or services that are not listed, please fill out the attached form and fax or mail to:

NARBHA
Tribal Liaison
1300 S. Yale Street
Flagstaff, AZ 86001
Phone: 1-877-923-1400
Fax: (928) 774-5665

Please Print

Organization: _____

Location: _____

Address: _____

Phone #: _____

Primary Focus:

Forms of Payment Accepted: _____

Payment Assistance: _____

Language other than English: _____

Other Information:

Thank you for you time and information!!

Methodology

Researchers utilized the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration databases, including the Mental Health Services Locator¹ and Substance Abuse Treatment Facility Locator.² Data on NARBHA agencies were collected from the NARBHA website's³ descriptions of service area agencies. Indian Health Service agencies were identified and described after consulting the U.S. Department of Health and Human Services, Indian Health Service, Phoenix Area⁴ and Navajo Area⁵ websites. Websites maintained by individual provider agencies were also consulted.

If information available on the websites was incomplete, researchers attempted to contact the agencies or locate information from alternate sources. It should be noted, however, that the information provided in this report is the most current information available to the research team as of June 2007.

¹ <http://www.mentalhealth.org/databases>

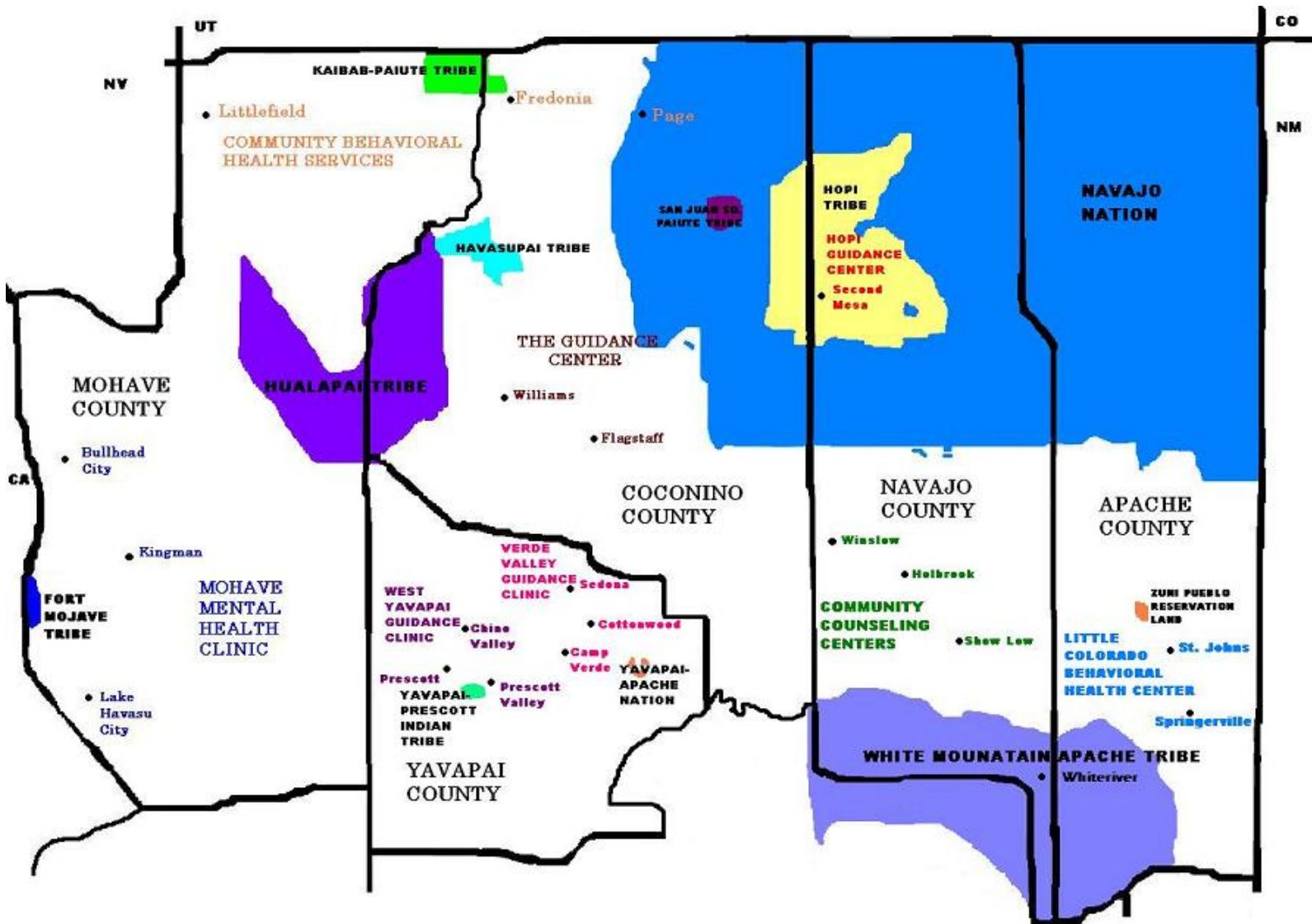
² <http://dasis3.samhsa.gov/>

³ <https://www.narbha.org/NARBHACD/CDEngine.aspx?loc=4,64>

⁴ <http://www.ihs.gov/FacilitiesServices/AreaOffices/Phoenix/Index.cfm>

⁵ <http://www.ihs.gov/FacilitiesServices/AreaOffices/Navajo/>

Map of Responsible Agencies and Northern Arizona Tribes



Digital Artwork by Sara Hodgson

Northern Arizona Native American Services & Agencies

- **National Suicide Prevention Lifeline (800) 273-8255**
- **Suicide Hotline for Native American Youth (877) 209-1266**
- **Crisis Hotline for Arizona (866) 205-5299**
- **Northern Arizona Behavioral Health Crisis Line (877) 756-4090**
- **National Suicide Crisis Line (800) 784-2433**
- **Hotline for the Deaf – TDD (800) 799-4889**

Fort Mojave Indian Tribe

Community Medical Services LLC

Bullhead City: (928) 763-7111

Flagstaff: (928) 714-0010 [Coconino County]

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification

Type of Care: Outpatient

Special Programs/Groups: None

Forms of Payment Accepted: Self payment

Payment Assistance: None

Special Language Services: Spanish

Mohave Mental Health Clinic

Kingman: (928) 757-8111, (928) 718-4800

Bullhead City: (928) 758-5905

Lake Havasu City: (928) 855-3432

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups, Criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Spanish, hearing impaired, additional languages available upon request

Havasupai Tribe

Guidance Center Inc

Flagstaff:(928) 779-5840, Hotline: (928) 527-1899

Williams: (928) 635-4272

Havasupai

Grand Canyon

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, Partial hospitalization/day treatment, Non-hospital residential, Hospital inpatient

Special Programs/Groups: Adolescents, DUI/DWI offenders, Criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Hopi, Navajo, Spanish, hearing impaired, additional languages available upon request

Havasupai Health Center

Supai Alcohol Program

Supai: (928) 448-2641

Agency Affiliation: IHS

Primary Focus: Mental Health

Hopi Tribe

Hopi Health Care Center

PHS Indian Health Services

Polacca: (928) 737-6000

Agency Affiliation: IHS

Primary Focus: Mental Health

Hopi Behavioral Health & Social Services Program

Polacca: (928) 737-6300

Agency Affiliation: None

Primary Focus: Mental health and substance abuse

Forms of Payment Accepted: Services available for the reservation only, AHCCCS

Payment Assistance: None

Special Language Services: Navajo

Winslow Guidance Associates

Winslow: (928) 289-2650

Agency Affiliation: None

Primary Focus: Substance Abuse and Domestic Violence

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Men's groups, women's groups, DUI/DWI offenders, Criminal justice groups

Forms of Payment Accepted: Self payment, Private insurance

Payment Assistance: Sliding fee scale, other

Special Language Services: Navajo, Spanish

Winslow Indian Health Center

Winslow: (928) 289-6162

Agency Affiliation: None

Primary Focus: Behavioral and mental health programs

Services Provided: Counseling, therapy (depression, suicide), psychiatrists

Type of Care: Outpatient

Special Programs/Groups: Question Persuade refer (QPR) Prevention Program

Forms of Payment Accepted: AHCCCS, private insurance

Payment Assistance: None

Special Language Services:

Hopi Guidance Center

Second Mesa: (928) 737-2685

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: Adolescents, dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups, DUI/DWI offenders, Criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare

Payment Assistance: Sliding fee scale

Special Language Services: Hopi, hearing impaired, additional languages available upon request

Community Counseling Centers Inc

Winslow: (928) 289-4658

Holbrook: (928) 524-6126

Show Low: (928) 537-2951 (PineView Center – Outpatient)

Show Low: (928) 537-1029 (PineView Center – Psychiatric Acute Care)

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, women's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Spanish, hearing impaired, additional languages available upon request

Hualapai Tribal Nation

Hualapai Health Department

Peach Springs: (928) 769-2207

Agency Affiliation: IHS

Primary Focus: Mental health and substance abuse

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, criminal justice groups

Forms of Payment Accepted: Self payment

Payment Assistance: None

Special Language Services: None

Mohave Mental Health Clinic

Kingman: (928) 757-8111, (928) 718-4800

Bullhead City: (928) 758-5905

Lake Havasu City: (928) 855-3432

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups, Criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Spanish, hearing impaired, additional languages available upon request

Kaibab Band of Paiute Indians

Kaibab Paiute Tribe

Pipe Springs: (928) 643-7245

Agency Affiliation: IHS

Primary Focus: Mental Health

Services Provided: All Mental Health services

Type of Care: Outpatient

Special Programs/Groups: Question Persuade Refer (QPR) Suicide Prevention Program

Forms of Payment Accepted: AHCCCS, Private insurance

Payment Assistance: No payment if tribal

Special Language Services: None

Community Behavioral Health Services

Page: (928) 645-5113 Hotline: (928) 645-8180

Fredonia: (928) 643-7230

Littlefield: (928) 347-4566 [Mohave County]

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, women's groups, men's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Mandarin Chinese, hearing impaired, additional languages available upon request

Navajo Nation

Fort Defiance Outpatient Treatment Center

Fort Defiance: (928) 729-4012

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Adolescents, person's w/HIV/AIDS, seniors/older adults, postpartum women, women's groups, men's groups, criminal justice groups

Forms of Payment Accepted: Medicare, Private insurance

Payment Assistance: Other

Special Language Services: Navajo

Other Information: Traditional Navajo faith based treatment available

Chinle Outpatient Treatment Center

(928) 674-2190

Agency Affiliation:

Primary Focus: Intensive outpatient substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Women & men's groups, faith based, adolescent outpatient, 12-Step.

Forms of Payment Accepted: AHCCCS, Private insurance

Payment Assistance: Tribal affiliation

Special Language Services: Navajo

Tuba City Outpatient Treatment Center

Tuba City: (928) 283-3031 x3041

Agency Affiliation: Navajo-RBHA

Primary Focus: Substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups, DUI/DWI offenders

Forms of Payment Accepted: AHCCCS, Medicare, Medicaid, private insurance, military insurance

Payment Assistance: Sliding fee scale, other

Special Language Services: Navajo, hearing impaired, additional languages available upon request

Community Medical Services LLC

Bullhead City: (928) 763-7111

Flagstaff: (928) 714-0010 [Coconino County]

Agency Affiliation: None
Primary Focus: Substance abuse
Services Provided: Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification
Type of Care: Outpatient
Special Programs/Groups: None
Forms of Payment Accepted: Self payment
Payment Assistance: None
Special Language Services: Spanish

Kayenta Outpatient Treatment Center

Kayenta: (928) 697-5570

Agency Affiliation: None
Primary Focus: Substance abuse
Services Provided: Substance abuse treatment
Type of Care: Outpatient
Special Programs/Groups: Adolescents, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups
Forms of Payment Accepted: Medicaid, Medicare, Private insurance
Payment Assistance: None
Special Language Services: Navajo

Hopi Behavioral Health

& Social Services Program

Polacca: (928) 737-6300

Agency Affiliation: None
Primary Focus: Mental health and substance abuse
Services Provided: Family counseling, Individual, Aftercare
Type of Care: Outpatient
Special Programs/Groups: Anger management, 12- Step, women's domestic violence group, alcohol and drug education, juvenile moral recognition therapy, early recovery group.
Forms of Payment Accepted: Services available for the reservation only, AHCCCS
Payment Assistance: None
Special Language Services: Navajo, Hopi

Winslow Guidance Associates

Winslow: (928) 289-2650

Agency Affiliation: None
Primary Focus: Substance Abuse and Domestic Violence
Services Provided: Substance abuse treatment
Type of Care: Outpatient

Special Programs/Groups: Men's groups, women's groups, DUI/DWI offenders, Criminal justice groups

Forms of Payment Accepted: Self payment, Private insurance

Payment Assistance: Sliding fee scale, other

Special Language Services: Navajo, Spanish

Navajo Nation, Dilkon Agency

Department of Behavioral Health Services

Dilkon Outpatient Treatment Center

Winslow: (928) 657-8000

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential, halfway house

Special Programs/Groups: Adolescents, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, hearing impaired, additional languages available upon request

Sage Memorial Hospital

Navajo/Ganago: (928) 755-3411

Agency Affiliation: T/RBHA, Tribal Social Services

Primary Focus: Outpatient behavioral health & substance abuse

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Private insurance

Payment Assistance: Tribal Affiliation

Special Language Services: On call for translation

Kayenta PHS Indian Health Services

Navajo/Kayenta: (928) 697-4000

Agency Affiliation: T/RBHA

Primary Focus: Mental health

Services Provided: Individual & group counseling, education classes, community training, domestic violence

Type of Care: Outpatient

Special Programs/Groups: Substance abuse, domestic violence, children services, parenting

Forms of Payment Accepted: IHS, Tribal only, AHCCCS

Special Language Services: Navajo

FLAGSTAFF

Northern Arizona Substance Abuse Services

Flagstaff: (928) 773-9376

Agency Affiliation: None

Primary Focus: Substance abuse and domestic violence

Services Provided: Substance abuse treatment
Type of Care: Outpatient, Non-hospital residential
Special Programs/Groups: Women's groups, men's groups, DUI/DWI offenders, criminal justice groups
Forms of Payment Accepted: Self payment
Payment Assistance: none
Special Language Services: Spanish

Native Americans for Community Action, Inc. (NACA)

Family Health Center
Flagstaff: (928) 773-1245
Agency Affiliation: Urban Indian Health Program
Primary Focus: Mental health and substance abuse, general health
Services Provided: Substance abuse treatment
Type of Care: Outpatient
Special Programs/Groups: DUI/DWI offenders, criminal justice groups
Forms of Payment Accepted: Medicare, private insurance, self payment
Payment Assistance: Other
Special Language Services: Spanish, Navajo

Flagstaff Medical Center

Flagstaff: (928) 213-6400x
Agency Affiliation: None
Primary Focus: Mental health and substance abuse
Services Provided: Substance abuse treatment, Detoxification
Type of Care: Hospital inpatient, Outpatient
Special Programs/Groups: Adolescents, dually diagnosed, DUI/DWI offenders
Forms of Payment Accepted: Self payment, Medicare, Private insurance, Military insurance
Special Language Services: Hearing impaired, Navajo

Community Behavioral Health Services

Page: (928) 645-5113 Hotline: (928) 645-8180
Fredonia: (928) 643-7230
Littlefield: (928) 347-4566 [Mohave County]
Agency Affiliation: NARBHA
Primary Focus: Mental health and substance abuse
Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse
Type of Care: Outpatient
Special Programs/Groups: Adolescents, dually diagnosed, women's groups, men's groups, DUI/DWI offenders, criminal justice groups
Forms of Payment Accepted: AHCCCS, Medicare, Self payment, Private insurance, military insurance
Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Mandarin Chinese, hearing impaired, additional languages available upon request

The Guidance Center

Flagstaff: (928) 779-5840, Hotline: (928) 527-1899

Williams: (928) 635-4272

Havasupai

Grand Canyon

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, Partial hospitalization/day treatment, Non-hospital residential, Hospital inpatient

Special Programs/Groups: Adolescents, DUI/DWI offenders, Criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Hopi, Navajo, Spanish, hearing impaired, additional languages available upon request

Community Counseling Centers Inc

Winslow: (928) 289-4658

Holbrook: (928) 524-6126

Show Low: (928) 537-2951 (PineView Center – Outpatient)

Show Low: (928) 537-1029 (PineView Center – Psychiatric Acute Care)

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, women's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Spanish, hearing impaired, additional languages available upon request

San Juan Southern Paiute Tribe

Northern Arizona Substance Abuse Services

Flagstaff: (928) 773-9376

Agency Affiliation: None

Primary Focus: Substance abuse and domestic violence

Services Provided: Substance abuse treatment

Type of Care: Outpatient, Non-hospital residential

Special Programs/Groups: Women's groups, men's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: Self payment

Payment Assistance: none

Special Language Services: Spanish

Native Americans for Community Action, Inc. (NACA)

Family Health Center

Flagstaff: (928) 773-1245

Agency Affiliation: Urban Indian Health Program

Primary Focus: Mental health and substance abuse, general health

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: Medicare, private insurance, self payment

Payment Assistance: Other

Special Language Services: Spanish, Navajo

Tuba City Outpatient Treatment Center

Tuba City: (928) 283-3031 x3041

Agency Affiliation: Navajo-RBHA

Primary Focus: Substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, pregnant/postpartum women, women's groups, men's groups, DUI/DWI offenders

Forms of Payment Accepted: AHCCCS, Medicare, Medicare, private insurance, military insurance

Payment Assistance: Sliding fee scale, other

Special Language Services: Navajo, hearing impaired, additional languages available upon request

Community Medical Services LLC

Bullhead City: (928) 763-7111

Flagstaff: (928) 714-0010 [Coconino County]

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment, Detoxification, Methadone Maintenance,
Methadone Detoxification

Type of Care: Outpatient

Special Programs/Groups: None

Forms of Payment Accepted: Self payment

Payment Assistance: None

Special Language Services: Spanish

Flagstaff Medical Center

Flagstaff: (928) 213-6400x

Agency Affiliation: None

Primary Focus: Mental health and substance abuse

Services Provided: Substance abuse treatment, Detoxification

Type of Care: Hospital inpatient, Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, DUI/DWI offenders

Forms of Payment Accepted: Self payment, Medicare, Private insurance, Military insurance

Special Language Services: Hearing impaired, Navajo

White Mountain Apache Tribe

Apache Behavioral Health Services

Whiteriver: (928) 338-4811

Agency Affiliation: White Mountain Apache Regional Behavioral Health Authority

Primary Focus: Mental Health

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Forms of Payment Accepted: AHCCCS

Payment Assistance: sliding fee scale

Special Language Services: Apache, additional languages upon request

Rainbow Center

Location: Whiteriver

Phone Number: (928) 338-4858

Agency Affiliation: IHS

Primary Focus: Substance Abuse

Services Provided: Substance Abuse Treatment

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: None

Forms of Payment Accepted: AHCCCS, Tribal payment (if sent from another Tribe)

Payment Assistance: None

Special Language Services: Apache

Mountain Care Counseling

Show Low: (928) 537-0370

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment

Little Colorado Behavioral Health Center

Saint Johns: (928) 337-4301

Springerville: (928) 333-2683

Agency Affiliation: NARBHA

Primary Focus: Substance abuse and mental health

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, women's groups, men's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Spanish, hearing impaired, additional languages available upon request

Community Counseling Centers Inc

Winslow: (928) 289-4658

Holbrook: (928) 524-6126

Show Low: (928) 537-2951 (PineView Center – Outpatient)

Show Low: (928) 537-1029 (PineView Center – Psychiatric Acute Care)

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient

Special Programs/Groups: Adolescents, dually diagnosed, women's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, Self payment, Private insurance, Military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Navajo, Spanish, hearing impaired, additional languages available upon request

Yavapai-Apache Nation

Verde Valley Guidance Clinic Inc

Cottonwood: (928) 634-2236

Camp Verde: (928) 567-4026

Sedona: (928) 282-4357, Hotline: (928) 634-2236

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: Adolescents, DUI/DWI offenders

Forms of Payment Accepted: AHCCCS, Medicaide, Medicare, Self payment, Private insurance, military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Spanish, hearing impaired, additional languages available upon request

Yavapai Apache Nation

Camp Verde: (928) 567-2168, (928) 567-3977

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment

Type of Care: Outpatient

Special Programs/Groups: Adolescents

Forms of Payment Accepted: AHCCCS, any Indian Health Insurance

Payment Assistance: None

Special Language Services: None

Yavapai Prescott Indian Tribe

Verde Valley Guidance Clinic Inc

Cottonwood: (928) 634-2236

Camp Verde: (928) 567-4026

Sedona: (928) 282-4357, Hotline: (928) 634-2236

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: Adolescents, DUI/DWI offenders

Forms of Payment Accepted: AHCCCS, Medicaide, Medicare, Self payment, Private insurance, military insurance

Payment Assistance: Sliding fee scale

Special Language Services: Spanish, hearing impaired, additional languages available upon request

Pia's Place

Prescott: (928) 445-5081

Agency Affiliation: None

Primary Focus: Mental health and substance abuse, women only

Services Provided: Substance abuse treatment

Type of Care: Non-hospital residential

Special Programs/Groups: Dually diagnosed, seniors/older adults, pregnant/postpartum women, women's groups, DUI/DWI offenders

Forms of Payment Accepted: Private Pay

Payment Assistance: None

Special Language Services: None

Prescott House Inc

Prescott: (928) 776-8251

Agency Affiliation: None

Primary Focus: Mental health and substance abuse

Services Provided: Substance abuse treatment

Type of Care: Outpatient, partial hospitalization/day treatment,

Special Programs/Groups: Dually diagnosed, persons with HIV/AIDS, gays/lesbians, seniors/older adults, men's groups, criminal justice groups

Forms of Payment Accepted: Private insurance

Payment Assistance: None

Special Language Services: None

Veterans Affairs Medical Center

Mental Health 36

Northern Arizona VA Healthcare

Prescott: (928) 445-4860

Agency Affiliation:

Primary Focus: General Health Services, including substance abuse and mental health

Services Provided: Substance abuse treatment, detoxification

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: None

Forms of Payment Accepted: VA eligible individuals only, some private insurance

Payment Assistance: None

Special Language Services: German, Spanish, Navajo, and others

West Yavapai Guidance Clinic

Prescott, Prescott Valley: (928) 445-5211, (928) 445-7730

24-hour crisis line: 928-445-7739

Agency Affiliation: NARBHA

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: Women's groups, men's groups, DUI/DWI offenders, criminal justice groups

Forms of Payment Accepted: AHCCCS, Medicaid, Medicare, private insurance

Payment Assistance: Sliding fee scale

Special Language Services: French, Spanish, German, Hopi, Chey, Slovak, Italian, hearing impaired, additional languages available upon request

The Gurley House

Prescott: (928) 717-9343

1-800-GURLEYO

Agency Affiliation: None

Primary Focus: Substance abuse

Services Provided: Substance abuse treatment

SECONDARY BEHAVIORAL HEALTH SERVICES AND AGENCIES

Secondary services include shelters and domestic violence agencies. The following are secondary services and agencies listed by reservation, with the city and type of service offered. However, the research team was unable to identify specific information about secondary services offered for the Kaibab Band of Paiute and Havasupai reservations.

Flagstaff Area Services

Shelters

Alternatives Center for Family Based
Services
823 W Clay Ave
Flagstaff
(928) 214-9050

Crisis Intervention/Information & Referral/
Children & Families

Catholic Social Service Aspen House
306 S. O'Leary
Flagstaff
(928) 226-8600
Transitional/Male/Youth

Coconino Community Services
2625 N. King Street
Flagstaff
(928) 522-7979
Motel & Gas Vouchers

Hope Cottage
3 E Collage Ave
Flagstaff
(928) 774-9270
Transitional/Women & Children

Northland Family Help Center
320 N. Leroux Street, Suite C
Flagstaff, AZ 86004
(928) 774-4503 (928-527-1900 &
Hotline/Crisis: 928-774-7353)
Emergency/Children

Halo House
2100 Walgreens Street
Flagstaff
(928) 527-1900

Salvation Army
507 N. Humphreys Street
Flagstaff
(928) 774-1403

St. Vincent de Paul
224 S. Kendrick Street
Flagstaff
(928) 774-6511

Sunshine Rescue Mission
124 S San Francisco
Flagstaff
(928) 774-3512
Emergency/Men/Women

Domestic Violence
Kateri Services
Flagstaff
928-779-7141

Sharon Manor Transitional Housing
Complex
P.O. Box 30134
Flagstaff
(928) 773-1882
(Domestic Violence Shelter (928) 523-4564)

Fort Mojave Indian Tribe

Shelters

Colorado River Region Youth Services
9575 Evans Lane
Bullhead City
(928) 763-1945
Emergency/Youth

Salvation Army
1461 Palma Dr
Bullhead City
(928) 758-3141
Motel & Gas Vouchers/Food

St. Vincent de Paul
780 Marina Blvd.
Bullhead City
(928) 758-5251

St. Vincent de Paul
1851 Commander Drive
Lake Havasu City
(928) 453-3125

Lake Havasu City
2049 Swanson Ave.
Lake Havasu City
(928) 680-3678

Domestic Violence

Safehouse of Bullhead City, Inc. (West Care
AZ)
Bullhead City AZ 86442
Business #: 928-763-7233
Hotline/Crisis: 928-763-7233

Interagency Council Coalition Against
Domestic Violence (Lake Havasu
Interagency Council)
1940 Mesquite Ave. #1
Lake Havasu City, AZ 86403
(928) 453-5800 (928-855-8877 &
Hotline/Crisis: 928-680-8377)

Hopi Tribe, Navajo Nation, and San Juan Southern Paiute Tribe

Shelters

Northern Arizona Center-Homeless
Winslow
(928) 289-5798
Referral for Food & Shelter

Holbrook Senior Center
216 N E Central
PO Box 580
Holbrook
(928) 524-6044
Motel Vouchers/Rent & Utilities
Assistance/Food/Referrals

Navajo County Emergency Services
PO Box 668
Holbrook
(928) 524-4251
Shelter/Food/Referral Center for the Needy
& Homeless

Tohdenasshai Shelter Home
P.O. Box 1510
Kayenta, AZ 86033
(928) 877-697-8591

Domestic Violence

Ama Doo Alchini Bighan Inc. (ADABI)
Box 1279
Chinle AZ 86503
Business #: 928-674-8314
877-698-0899

Tohdenasshai Shelter Home/Kayenta DV
Task Force
P.O. Box 8
Kayenta AZ 86033
Business #: 928-697-3305
928-697-8591

Family Harmony
Tuba City
928-283-4650

DNA People's Legal Services
Window Rock
928-871-4151

Page Task Force Against Domestic Violence
P.O. Box 3686
Page
(928) 645-5300

Another Way
Page
928-645-5300

Project Safe House
211 E. Third St.
Winslow AZ 86047
Business #: 928-289-4629
Hotline/Crisis: 928-289-5467

Hualapai Tribal Nation

(Services are accessible to the Fort Mojave reservation as well)

Shelters

Kingman Aid to Abused People, Inc.

P.O. Box 1046

Kingman, AZ 86401

Business #: 928-753-6222

Hotline: 928-753-4242

Cornerstone Mission

3049 Sycamore

Kingman

(928) 453-5800

Mohave County Community Development

201 N. 44th Street

Kingman

(928) 753-0723

Domestic Violence

Sarah's House

Kingman

928-718-5522

White Mountain Apache Tribe

Shelters

Love Kitchen Charities
RR3 Box 2568
Lakeside, AZ 85929
(928) 367-6505
Food/Food Boxes/Daily Meals

Old Concho Community Assistance
PO Box 50
Concho
(928) 337-5047

New Hope Ranch
P.O. Box 1589
St. Johns, AZ 85936
(928) 337-5060

In-Home Family Services
P.O. Box 0
San Carlos, AZ 85550
Business #: 928-475-2724

San Carlos Apache (San Carlos Tribal Social Services)
P.O. Box 209
San Carlos, AZ 85550
Business #: 928-475-2313

Domestic Violence

White Mountain Association for Victims of Domestic (White Mountains Safe House)
P.O. Box 1890
Pinetop AZ 85935
Business #: 928-367-6017
Hotline/Crisis: 928-367-6017
800-224-1315

Horizon Human Services-Gila County Safehome
Globe, AZ 85501
928-402-0648 (24/7 hour crisis number)
Services provided include legal advocacy, case management for all survivors of domestic violence. Provides temporary shelter and aids with application process for DES, housing and order of protection.

Advocate House
Globe AZ 85501
Business #: 928-425-3221
Hotline/Crisis: 928-473-3752

Mothers' & Children's Safehouse
Globe, AZ
928-425-3639

The Caring Place-Advocate House
Miami AZ 85539
Call #: 928-473-3752

Time Out Domestic Violence Shelter (Time Out, Inc.)
P.O. Box 306
Payson, AZ 85547
Business #: 928-472-8007
Hotline/Crisis: 928-472-8007
Toll Free #: (800) 294-9025

Yavapai-Apache Nation

Drug Treatment Facilities

Yavapai Apache Nation
Alcohol/Substance Abuse Program
P.O. Box 1188
3452 Smith Avenue
Camp Verde AZ 86322
(928) 567-3977

Domestic Violence

Verde Valley Sanctuary
Cottonwood
928-634-2511

Shelters

Catholic Social Services
736 N Main
Cottonwood
(928) 634-4254
Motel, Food & Gas Vouchers

Old Town Mission
116 E Pinal St
Cottonwood
(928) 634-7869
Emergency Food/Gas Vouchers/Travelers
Assistance/Medical Prescriptions

Adult Community Senior Center
Sedona
(928) 282-2834
Emergency/Families/Women/Meals

Yavapai Prescott Indian Tribe

Drug Treatment Facilities

The Gurley House
822 West Gurley Street
Prescott, Arizona 86301
(928) 717-9343 or 1-800-GURLEYO

Shelters

Catholic Social Services
116 N Summit
Prescott
(928) 778-2531
Transitional/Families/Motel

First Baptist Church Reach-Out Program
Goodwin/Marina St
PO Box 226
Prescott
(928) 778-9790
Food/Limited Housing/Utility Assistance

Project Aware Shelter
215 ½ Leroux Street
Prescott
(928) 778-7744
Emergency/Transitional/Men

Salvation Army
237 S Montezuma
Prescott
(928) 778-9150
Motel Vouchers for Families

Turning Point
235 N Mt. Vernon
Prescott
(928) 778-7900
Emergency Hotline
800-628-3089
Youth Crisis

Yavapai County Veterans Administration
500 Highway 89 North
Prescott, AZ 86313
(928) 445-4860 ext. 6018
Residential Treatment/Veterans

Domestic Violence

Villa De Fidelis (Faith House)
(Stepping Stones)
1535 Private Road
Prescott AZ 86301
Business #: 928-445-4673
Hotline/Crisis: 928-445-4673

Yavapai Family Advocacy Center
Prescott Valley
928-775-0669

V. References

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- U.S. Department of Health and Human Services, Indian Health Service. Navajo Area. <http://www.ihs.gov/FacilitiesServices/AreaOffices/Navajo/>. Accessed April 2005.
- U.S. Department of Housing and Urban Development. Homeless – Services and Shelters in Arizona Counties. <http://www.hud.gov/local/az/homeless/sheltersinfo.cfm>. Accessed April 2005.

Increasing the Cultural Competency of Network Providers through better incorporation of American Indian Traditional Medicine Resources

According to Donald Warne, the President and CEO of American Indian Health Management and Policy (AIHMP), 70% of urban and 90% of reservation American Indian People use traditional medicine.

Traditional American Indian and Alaskan Native healing systems focus on balancing mind, body, and spirit within the community context. Contrary to the Western approach to health and healing, American Indian/Alaskan Native (AI/AN) healers do not isolate one part of a person and only try to heal that part.

Traditional healing practices center on benefits to the emotional, spiritual, psychological and cultural aspects of the tribal group. Native Americans have practiced a holistic approach to healing for thousands of years. Part of this practice involves the use of medicinal plants and herbs. (This and further information can be found at http://www.tribalconnections.org/ehealthinfo/trad_healing.html)

How often do we utilize this resource for our Tribal Clients?

This probably doesn't happen often enough because staff are not aware of how to navigate through the process to attain these services.

Hopefully, this document will guide you through the necessary system navigation for attaining Traditional Services for NARBHA's Tribal Members.

Examples of American Indian Traditional Medicine Services

- Talking Circles [An object is specified as the "Talking Stick" (this could be a feather, pottery, a stone, a shell, or any thing that could be valued as special to the group) and then each person gets one turn to talk and express themselves without comments from the Group in the circle beyond affirmative motions or brief comments such as "A-ho," "Yes," "Right on," "Good," etc.]
- Healing Ceremonies (These vary from Tribe to Tribe but include cleansing ceremonies after Trauma, Coming of Age ceremonies, and Transition to Adulthood Prayer Circles)
- Herbal remedies (These vary as well but can include natural antibiotics or parts of plants or roots that are known traditionally for reaping healing effects)
- Smudging (Burning Sage or Cedar or other specified herbs deemed sacred for its properties)
- Sweat Lodge
- Traditional Counseling (Utilizing the family, clan, and/or community and sometimes touch, physical proximity, and/or prayer)
- Crystal Gazing
- Regionally Specific Remedies (i.e. Medicine Wheel is a Plains Indian Philosophy that many Southwestern Tribes do not utilize in approaches to remedies)

Gifting

Gifting can be used as a means to establish a relationship or to express recognition, thanks, or a desire for help, depending on the intent of the giver. Often, gifting is involved the exchange for American Indian Traditional Medicine Services.

Coordination, documentation, and funding for American Indian Traditional Medicine Services

STEP 1: Within the Child and Family Team (CFT) or Adult Team (AT), a NARBHA client requests or is offered traditional services as a tool towards healing and recovery. If the team agrees this service would be useful to the client, PUT TRADITIONAL SERVICES ON THE TREATMENT/SERVICE PLAN (Specify Type and Amount) to document medical necessity for these services.

STEP 2: THE MOST IMPORTANT THING TO DO is to ACTIVELY and CREATIVELY REACH OUT TO and ENGAGE the FAMILY (as defined by the client and/or specific Tribal community) in the Treatment/Service Planning Process.

***Ideally, the family of the client seeks out and selects a known Medicine Man or Woman from their own community who they feel can help their family member in the way that they believe will be most beneficial. In some communities, Medicine Men or Women and/or Traditional Healers are not accessible within the family's Tribal community and in these cases, it is important to help the family find a Medicine Man or Woman and/or a Traditional Healer.

STEP 3: If the family chooses to utilize the financial support that is available to them for these services, the Responsible Agency (RA) Behavioral Health (BH) representative then needs to document or have documentation of what will be exchanged for the traditional services (tobacco, herbs, money, etc.).

***If the exchange will not include money, the family member(s) can choose to purchase or create the items for exchange themselves so that they have a more active and traditional role in the trade for services and can later be reimbursed by the RA BH representative as long as receipts or a description of costs of some sort can be provided. Some Tribal families may not want ANY external financial support in this process. It is important to not push for reimbursement or monetary support in these cases.

STEP 4: The behavioral health representative then helps to facilitate coordination of the services being provided (location, transportation, purchase of necessary materials, etc.) collaboratively with other team members.

STEP 5: Once those services occur, documentation of the services (including date of service, who provided the service, description of the service, how long the service lasted, and the client's response to the service) must be in the chart on a progress note. Include the "quote" or "receipt" for the items requested in exchange for the services in the chart as well, if financial support was utilized in the exchange.

STEP 6: The behavioral health representative can then make claims through NARBHA for these services. If financial support through the RA BH provider was utilized in the exchange, the behavioral health representative should submit claims based on the cost of the exchange and should match that dollar amount with the number of units that will cover the cost. If the RA BH representative only assisted in coordination of these services a claim for case management services should be submitted based on the amount of time spent in this coordination.

***H0046 [Mental Health Services (NOS) (formerly Traditional Healing Services)] is the code for encountering funds for Traditional Services through NARBHA/DBHS. This code and its parameters can be found on page 41 of the Covered Services Guide. It is a state-only funded code (not reimbursable by Medicaid Title XIX or Title XXI). This code has a billing unit of 15 minutes and each member can have up to 32 units per member per day. The contract rate is \$14.04 per unit. Please DO NOT ADD the qualifier "SE" to this code if you are making a claim for traditional services [H0046 SE is the code for claiming Room and Board services for clients who are in Level 2 or 3 residential placements].

Specific resources in Northern Arizona

Winslow Indian Health Care Center (Medicine Man on staff and Hogan on hospital Grounds)

[Website: <http://www.wihcc.com/>, Phone: (928) 289-4646,

Address: 500 N. Indiana Avenue Winslow, Arizona 86047]

Medicine Man's Association (Navajo Nation)

Native Americans for Community Action (NACA)

[<http://www.nacainc.org/index.htm>, Phone: (928) 526-2968]

Navajo Treatment Center for Children and Families (Outpatient Clinic Type 77)

[Contact Ron Duncan at 928-871-7679] (Offices in Winslow and Window Rock)

Other Arizona Resources

Phoenix Indian Medical Center (Traditional Cultural Advocacy Committee, Sweat Lodge on Hospital Grounds)

[Website: http://www.ihs.gov/FacilitiesServices/AreaOffices/Phoenix/phx_su_phx.cfm,

Phone: (602) 263-1200]

Hu Hu Kam Memorial Hospital (Traditional Healers on Staff)

[Website: <http://members.cox.net/huhukam/>, Phone: 602-528-1230]

Sweat Lodge Resources

IHS Comprehensive Health Care Facility (Chinle): 928-674-7188

IHS (Fort Defiance): 928-729-8000

Navajo Nation Division of Health, Department of Behavioral Health Services: 928-871-6235

Tribe Specific Contacts

White Mountain Apache Tribe (WMAT):

In the White Mountain Apache Tradition when a person requires services of a Traditional Healer, the family makes the arrangements. If the client is under guardianship of WMAT Social Services and/or WMAT Tribal Court, family members will be consulted with to see what their preference is. If no family members are available, the guardian will make arrangements to obtain services. ABHS and WMAT Social Services Case Managers will work with Fee-For-Service Providers or other referral sources to assure clients wanting Traditional Services can access them. WMAT has a Cultural Liaison who can provide information regarding the aspects of the History and Culture of the White Mountain Apache Tribe. Call the WMAT Cultural Center at 928-338-4811 and ask for the Cultural Liaison for further assistance.

Hopi Tribe:

When services of medicine women or men are needed, Hopi tradition is that family members have preference on which medicine person they would go to for services. Hopi cultural practice is that these healers are not paid by money. Most times payment is through food or other items (i.e. prayer feathers) depending on what type of service is being performed. Because payment is not their priority, most healers do not want their names given out. People know who to go to. If treatment agencies think that these services are needed for individual clients, they would need to recommend such service, and family would be responsible to contact their medicine person and or client can be released from inpatient services to family for such service. This has worked in the past.

There is one Hopi Traditional Healer who agreed to have her name listed in this document. Her name is Theodora Homewytewa and she can be reached by calling 928-797-1218. She stated that she would also serve people from outside the Hopi Community.

Navajo Nation:

Most or all of the DBHS Agency Offices have a Traditional Practitioner or Counselor that might be able to assist but **make sure you go through the Program Supervisors.**

Mr. Dale Gonnig is a Traditional Practitioner who runs traditional "Mens Sweat" focused on what becoming a "Man" in Navajo tradition is and what is expected of them. Along with the education, traditional songs and prayers are explained to the client. He also has a traditional Navajo perspective on

substance use/abuse and aggression. Mr. Dale Gonnig works with Navajo DBHS at the Dilkon site. Mr. Philbert Peterson is the Program Supervisor for Dilkon OTC and his phone number is: (928) 657-8002.

In the Navajo Nation, there are some prominent individuals that do present Origin Stories, Winter Stories, String Games, and Shoe Games. All are to be used during the winter time and include a social/relaxing past time but also have a cultural teaching aspect.

The Navajo Nation Medicine Man's Association can also be contacted for resources.

Yavapai-Prescott Indian Tribe (YPIT):

In this culture, family members would be asked to identify the unique customs, traditions, and/or ceremonies that are relevant to the person in treatment. Don Ostendorf can be contacted for collaboration related to attaining traditional resources if, by chance, Verde Valley Guidance Clinic or another one of our Service Area Agencies or Tribal Area Agencies (SAAs/TAAAs) should intercept one of the 160 YPIT members and that member requests traditional services.

National Resources

Center for American Indian Health

Johns Hopkins School of Public Health
621 North Washington Street
Baltimore, MD 21205
Tel: 410-955-6931
<http://www.jhsph.edu/caih/>

National Indian Child Welfare Association

Terry Cross, Executive Director
5100 S Macadam Avenue, Suite 300
Portland, OR 97201
Tel: 503-222-4044
Fax: 503-222-4007
<http://www.nicwa.org>

Circles of Care Evaluation Technical Assistance Center

University of Colorado Health Sciences Center
4455 East 12th Avenue, Campus Box A011-13
Denver, CO 80220
Tel: 303-372-0000
<http://www.uchsc.edu/ai/coc/>

National Indian Health Board (national office)

Nez Perce Tribal Council
Yvette Joseph-Fox, Director
1385 South Colorado Boulevard, Suite A-707
Denver, CA 80222
Tel: 303-759-3075
<http://www.nihb.org>

Indian Health Service

5600 Fishers Lane
Parklawn Building, Room 6-35
Rockville, MD 20857
Tel: 301-443-3593
<http://www.ihs.gov>

National Native American AIDS Prevention Center

436 14th Street, Suite 1020
Oakland, CA 94612
Tel: 510-444-2051
<http://www.nnaapc.org>

National Center for American Indian and Alaska Native Mental Health Research

University of Colorado Health Sciences Center
Department of Psychiatry, North Pavilion
4455 East 12th Avenue, Campus Box A011-13
Denver, CO 80220
Tel: 303-315-9232
<http://www.uchsc.edu/sm/ncaianmhr>

Native Elder Health Care Resource Center

University of Colorado
Department of Psychiatry
4455 East 12th Avenue, Campus Box A011-13
Denver, CO 80220
Tel: 303-315-9351
<http://www.uchsc.edu/sm/nehcrc>



Northern Arizona Regional Behavioral Health Authority

Inter-Faith Reference Handbook *2006 Edition*



This information is brought to you by Northern Arizona Regional Behavioral Health Authority (NARBHA) Behavioral Health Faith Based Initiative and funded in part, by Arizona Department of Health Services/ Department of Behavioral Health Services (ADHS/DBHS) and AHCCCS

MAKE A DIFFERENCE

IDEAS FOR INTER-FAITH EDUCATIONIONAL PROGRAMS



1. Develop a social ministry committee
2. Select areas of interest and need
3. Identify resources that are available

Children and Youth

- Mental health education and family support
- Teen suicide prevention/intervention
- Conflict resolution training
- Peer to peer support programs
- Life Skills

Marriage and Family

- Healthy marriage classes
- Healthy family classes
- Parenting classes

Direct Service

- Emergency shelter
- Food distribution
- Utility assistance
- Clothing distribution
- Assistance with jobs, housing, transportation

Health-related

- AIDS education and services
- Pandemic response program
- Support related to health issues (aging, Alzheimer's, cancer, etc.)

Violence Prevention

- Family support groups
- Nonviolence training
- Youth groups
- Conflict resolution training

Substance Abuse & Mental Health Ministry

- Celebrate Recovery
- Creating Caring Congregations
- Substance abuse prevention/intervention
- Program for persons with depression and anxiety
- Lay pastoral care program
- Depression awareness
- Support groups
- Stigma reduction campaign
- Wellness and recovery education
- Wellness support for Pastors and staff

Community Outreach

- Homeless
- Vocational rehabilitation
- Education

**For information on Behavioral Health or
other related training, please visit:
www.narbha.org**

BEHAVIORAL HEALTH INTER-FAITH SUPPORTIVE RESOURCES

The information and recommendations presented within the resources are for general information only and should not be construed as medical advice or diagnosis, nor as advice about treatment of any specific medical condition. The information is provided simply as a service, and it should not be implied that we recommend, endorse or approve of any of the content. We do not recommend starting, stopping, or changing medication or other treatment for yourself or someone you know based on what you read within this resources or elsewhere. Information presented here should not replace the judgment of a doctor or mental health professional who knows you or your family.

Books/ Study Guides/ Pamphlets

Caring for the Soul: R'fuat HaNefesh - A Mental Health Resource & Study Guide

This newly available study guide, written by Rabbi Richard F. Address, was created in response to the need to raise awareness of and reduce the stigma within congregations regarding individuals and families who are dealing with mental health issues. These issues reside within every congregation of every denomination. Part of creating a caring and supportive congregation is the need to break down barriers of shame and fear that often are associated with mental health issues. This 136-page study guide should be used by lay and professional leadership within congregations to create a variety of educational programs. It includes a selection of relevant sacred texts, traditional and modern readings for use in services and support groups, sample sermons, services and programs, background information on mental illnesses, related Reform response and UAHC resolutions, and other resources for congregations and individuals.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Pathways to Partnership: An Awareness and Resource Guide on Mental Illness

A booklet containing information about mental illness; traditions which enable faith communities to develop a response to the needs of people with mental illness and their families; pastoral resources; congregational resources; community outreach; educational models; and sources for information and support. Available in Christian and Jewish versions.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Mental Illness Awareness Interfaith Worship Resources

The three booklets in this series were created in response to requests for materials to use during Mental Illness Awareness Week, which takes place the first week in October; during the month of May which is Mental Health Month; and other times during the year that are appropriate. The booklets are:

- Worship Resources
- The Bible as a Resource: Materials for Sermons and Articles
- Caring Congregations: Observations and Commentary

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

BEHAVIORAL HEALTH INTER-FAITH SUPPORTIVE RESOURCES

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Who Has Mental Illness?

A pamphlet about mental illness, resources and community outreach. Available in Protestant, Roman Catholic and Jewish versions.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

When Mental Illness Strikes In A Family of Faith

A brochure in Protestant, Roman Catholic and Jewish versions for families and for clergy working with families who have a member who has mental illness.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

In the Shadow of God's Wings: Grace in the Midst of Depression

Susan Gregg-Schroeder, Author. Nashville: Upper Room Books, 1998.

Written by a United Methodist minister who has struggled with clinical depression, *In the Shadow of God's Wings* offers moving insights into the personal struggles and spiritual lessons that can be learned from the dark journey through mental illness. Five chapters deal with the journey into, through, and out of chronic, debilitating depression. The author reveals insightful viewpoints from having wrestled with the philosophical and theological questions and biases that move her through suffering to renewal. A companion video, *Gifts In the Shadows*, is also available, along with a group study guide. The book, video, and group study guide would be suitable for adult Christian education classes or small group study.

http://www.upperroom.org/bookstore/description.asp?item_id=12582

BEHAVIORAL HEALTH INTER-FAITH SUPPORTIVE RESOURCES

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Song/ Scriptures/ Prayers/ Devotions/ Bulletins

It Is Well With My Soul

Collection of songs, scriptures, prayers, devotions, readings and poem for African Americans who are challenged by mental illness. Published by the African American Churches Task Team on Mental Illness in St. Louis, Missouri.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Rabbi Who Sinned?

A bulletin insert for congregations giving the myths and realities about mental illness.2

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Children and Mental Disorders: Myths and Facts

And whosoever shall give drink unto one of the little ones a cup of cold water, he shall in no wise lose his reward. Matthew 10:42

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Outreach to People with Mental Illness and Their Families, a packet of four bulletin inserts:

- Reaching Out to Someone Who has Mental Illness
I was a stranger and you took me in. Matthew 25:35
- Mental Illness: Community Outreach
Let mutual love continue. Do not neglect of show your hospitality to strangers for by doing that some have entertained angels without know it. Hebrews 13:1-2
- Creating Caring Congregations for People with Mental Illness and Their Families
This is my commandment, that you love one another as I have loved you. John 15:12
- Responding to People with Mental Illness in the Congregation and in the Community
And what doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with they God? Micah 6:8

[Order Form available at www.pathwaystopromise.org](http://www.pathwaystopromise.org)

Putting the Pieces Together: Correcting the Myths of Mental Health and Aging

Give Justice to the weak and the fatherless; maintain the right of the afflicted and the destitute. Rescue the weak and the needy. Psalm 82:3-4 Available in a Christian and in a Jewish version.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Videos

Pathways to Understanding: Manuals and a Videotape on Ministry and Mental Illness

A manual for instructors; a manual for students; and a videotape on ministry and mental illness. These materials provide in-depth information for students in seminary; clergy in continuing education settings; faith group staff; and laity involved in outreach and ministry programs. These resources are designed to assist in raising sensitivity to the needs of people with mental illness and their families to give expertise in responding to this population's needs; and to be a catalyst for programming and social action. The videotape is comprised of interviews with clergy, people with mental illness and family members.

[Order Form available at www.pathways2promise.org](http://www.pathways2promise.org)

Creating Caring Congregations

Distributed by Mental Health Ministries. Duration: 30 minutes.

Rev. Susan Gregg-Schroeder provides here a useful tool for building awareness about mental illnesses and practical steps in developing a congregation that provides an informed, compassionate response to persons and families touched by severe mental illnesses. Three positive testimonials offering insight into the lived experience of mental illness could stand alone for Mental Illness Awareness programs. The last section summarizes five steps toward developing mental health ministries—a video well worth the investment.

http://www.mentalhealthministries.net/mhm_resources/vhs_resources/caring_congregations_vhs.html

Fierce Goodbye: Living in the Shadow of Suicide

Produced by Mennonite Media in Cooperation with Faith and Values Media. Duration: 44 minutes.

This documentary won four major awards in the 2005 World/fest—Houston Film Festival. It is hosted by Judy Collins, folksinger, author of *Sanity and Grace*, and survivor of her son's suicide. Also featured is Kay Redfield Jamison, professor of psychiatry at Johns Hopkins University. *Fierce Goodbye* offers hope and healing and presents a difficult subject from experiential, spiritual, medical, and theological viewpoints.

http://www.os.mennoniteusa.org/product_info.php?cPath=3&products_id=854

Gifts of the Shadows

Duration: 25 minutes.

In this companion to the book *In the Shadow of God's Wings*, Susan Gregg-Schroeder explores the spiritual gifts she has gained through her struggles with depression: vulnerability, discovery of one's authentic self, patience, living with paradox, creativity, and hope. The video and accompanying discussion guide would be suitable for adult Christian education classes or small group study, and is particularly recommended for use with *In the Shadow of God's Wings*.

http://www.mentalhealthministries.net/mhm_resources/vhs_resources.html

BEHAVIORAL HEALTH INTER-FAITH SUPPORTIVE RESOURCES

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Organizations/Websites

Fierce Goodbye

A Faith-Based Perspective on Suicide providing additional resources, articles, sermons, links, and a place to share stories and experiences.

<http://www.fiercegoodbye.com/>

Anabaptist Disabilities Network

The Anabaptist Disabilities Network offers resources for the inclusion of persons and families with disabilities, including mental illness. Their Web site features links to mental health information and a list of online, print, and audiovisual resources. Materials appropriate for small group study include *A Christian View of Mental Illness*, *A Gift of Hope*, and *Mommy Stayed in Bed This Morning*.

Anabaptist Disabilities Network
P.O. Box 959
Goshen, IN 46527-0959
(574) 535-7053
(877) 214-9838 (fax)
adnet@adnetonline.org
www.adnetonline.org/

Christian Council on Persons with Disabilities (CCPD)

Advocating an evangelical perspective on people with disabilities and their part in God's world, the CCPD "establishes standards that will advance the ministry gifts of persons with disabilities and encourages Christian leaders to take initiatives that will enable person with disabilities to actively and fully participate in the life and ministry of the church." They also provide connections to other member organizations that provide resources and advocate for persons with disabilities.

Christian Council on Persons with Disabilities
LisaRose Hall, Executive Director
301 E. Pine Street, Suite 150
Orlando, FL 32801
(407) 210-3917
(407) 835-3601 (fax)
ccpd@ccpd.org
www.ccpd.org/

Depression and Bipolar Support Alliance

"Dedicated to improving the lives of people living with mood disorders; the DBS Alliance offers peer-run support groups all across the country. They also sponsor conferences, publish educational materials, advocate on behalf of those suffering from mood disorders, and supply vital information—particularly through their Web site, which features programs, publications, resources, and interactive screening tools.

Depression and Bipolar Support Alliance
730 N. Franklin Street, Suite 501
Chicago, IL 60610
(800) 826-3632
(312) 642-7243
programs@dbsalliance.org
www.dbsalliance.org

The Episcopal Mental Illness Network

The mission of the Episcopal Mental Illness Network (EMIN) is threefold:

- To seek out and support, through prayer and action, consumers, families and/or service providers in the Episcopal Church whose lives are affected by major psychiatric disorders;
- To help Episcopalians, clergy and laypersons, become aware of the nature of these illnesses and the special needs and gifts of those affected;
- To reduce the stigma and misconceptions that prevail and to remove those barriers which frequently prevent persons with psychiatric illnesses and their families from participating in the full life of the Church.

The Episcopal Mental Illness Network
3604 Oakwood Road
Little Rock, AR 72202
(501) 661-0384
eminnews@msn.com
www.eminnews.org/

Mental Illness Network of the United Church of Christ (UCC)

The Mental Illness Network offers resources for clergy and congregations. To receive the UC News which includes the Mental Illness Network inserts, send name and address to UC News, P.O. Box 247, Bellmawr, NJ 08099-0247

Mental Illness Network of the UCC
The Rev. Bryan Crousore, Chairperson
P.O. Box 395
Ashland, MO 65039
bryancrousore@hotmail.com
www.min-ucc.org/

This information is brought to you by Northern Arizona Regional Behavioral Health Authority (NARBHA) Behavioral Health Faith Based Initiative and funded in part, by Arizona Department of Health Services/ Department of Behavioral Health Services (ADHS/DBHS) and AHCCCS

FaithCEP: Faith Communities Education Project of NAMI Indianapolis

The Faith Communities Education Project serves greater Indianapolis as an interfaith mental illness education and awareness center, as well as a ministry resource center. It sponsors (1) a loan library of books, videos, and curricula especially designed for faith communities; (2) a speaker/facilitator bureau for large and small groups; (3) a May mental illness ministry conference for clergy and congregational leaders; (4) an October "Mental Illness Awareness Event" and (5) free consultations to determine your congregation's needs. FaithCep equips clergy and congregational leaders to recognize serious mental illness symptoms and offer a compassionate, informed response to parishioners challenged by severe mental illness.

FaithCEP: Faith Communities Education Project
NAMI Indianapolis
P.O. Box 40866
Indianapolis, IN 46240
(317) 767-7653

Health Ministries Association, Inc.

The mission of HMA is to encourage, support, and develop whole-person ministries leading to the integration of faith and health. It is an interfaith membership organization that provides education and development in Faith Health Ministry through a network of information and referral resources. It advocates building understanding and support for the Faith-Health Movement.

Health Ministries Association, Inc.
295 W. Crossville Road
Suite 130
Roswell, GA 30075
(800) 280-9919
Contact through the Web site, [Health Ministries Association, Inc.](http://www.hmassoc.org/)
www.hmassoc.org/

Lutheran Network on Mental Illness/Brain Disorders

This ELCA educational outreach publishes a newsletter which informs ELCA clergy and churches of resources for mental health ministry.

Lutheran Network on Mental Illness/Brain Disorders
c/o Division for Church in Society
The Rev. Lisa Cleaver, Director
Evangelical Lutheran Church in America
8765 West Higgins Road
Chicago, IL 60631
(800) 638-3522, x2692 (Lisa Cleaver)
(773) 380-2700
(773) 380-1465 (fax)
www.elca.org/disability/mentalillness/

Mental Health Ministries

The Rev. Susan Greg-Schroeder of the UMC California-Pacific Conference is a leader in mental health education and awareness, speaking out of her own life experiences in ministry and pastoral counseling. She has developed resources that educate clergy and congregations, and decrease stigma associated with serious mental illnesses in faith communities. Her Web page offers prayers, poems, meditations, and a description of ten videos, including the award winning *Creating Caring Congregations*, annotated in section one. Nine other videos with discussion guides are currently available.

Click on "[Mental Health Mission Moments](#)" for a description of short (2-3 minute) DVD segments that present mental health issues. These segments can be used in worship, small groups, or classes. Also included is a Resource Guide featuring relevant scriptural passages, sermon starters, and other liturgical items. Here is the list of DVD segments (listed next to each segment is its length in minutes and seconds):

- Coming Out of the Dark (0:30)
- Mental Illness and Families of Faith (2:54)
- Understanding Depression (2:25)
- Addiction and Depression (2:17)
- Teenage Depression and Suicide (3:11)
- Mental Illness and Older Adults (2:32)
- Where is God in the Darkness (2:55)
- Overcoming Stigma, Finding Hope (2:56)
- Creating Caring Congregations (2:56)

Mental Health Ministries
c/o Rev. Susan Gregg-Schroeder
6707 Monte Verde Drive
San Diego, CA 92119
(619) 255-8316 (fax)
sgschroed@cox.net
www.mentalhealthministries.net

Refuah

Refuah, a Hebrew word meaning "healing," is an organization which offers support, education, and advocacy to family members, consumers, and mental health workers in their area.

Refuah
P.O. Box 1212
Randolph, MA 02368
(781) 961-2815
nblrefuah@aol.com
www.refuahboston.org

The Mental Illness Education Project, Inc. (MIEP)

The MIEP produces and distributes mental illness/health educational videos for persons and families challenged by mental illness, mental health professionals, employers, educators, legislators, and the general public. Their videos "are used extensively by hospitals, mental health centers, universities, and advocacy organizations," but could also be used by faith communities to equip clergy and congregations in making a more informed, compassionate response to persons and families with psychiatric disorders. Their catalog includes the "Creating Wellness Series": (author Mary Ellen Copeland): *Key Concepts for Mental Health, The Wellness Toolbox, Wellness Recovery Action Plan (WRAP)*; and "The Bonnie Tapes": *Mental Illness in the Family, Recovering from Mental Illness, My Sister is Mentally Ill, and Families Coping with Mental Illness*. Though the cost of these videos is high (\$99.95), church denominational leaders, seminaries, and other faith groups could join forces to use the tapes for continuing education purposes.

The Mental Illness Education Project, Inc. (MIEP)

P.O. Box 470813

Brookline Village, MA 02447

Arlington, VA 22201

(617) 562-1111

info@miepvideos.org

www.miepvideos.org

National Alliance on Mental Illness (NAMI)

The National Alliance on Mental Illness is the nation's leading grass roots advocacy non-profit organization solely dedicated to improving the lives of persons with severe mental illness—including schizophrenia, bipolar disorder (manic depressive illness), major depression, obsessive-compulsive disorder, and severe anxiety disorders. Its four pillars—education, advocacy, support, and research—give the National Alliance on Mental Illness a solid voice for the mentally ill and their families.

This organization has a host of channels through which one can receive educational materials and literature about symptoms, treatment, and services for specific mental illnesses. In addition, they provide the latest news about activities and events in policy, research, popular media, and education. Their Web site features information about the organization, mental illnesses, services, treatment options, and policy and programs of the National Alliance on Mental Illness. Also offered are links to state and local web sites. Their 800 number provides support, information, and referral to local affiliates. Inquiries from the general public are welcome.

National Alliance on Mental Illness (NAMI)

Colonel Place Three

2107 Wilson Blvd., Suite 300

Arlington, VA 22201-3042

(703) 524-7600 or (703) 516-7227 (TDD)

(703) 524-9094 (fax)

(888) 999-NAMI (6264) (Member Services)

www.nami.org/

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NAMI: FaithNet

NAMI Faith Net is an interfaith e-mail network composed of members and friends of NAMI all across the United States, providing information and resources for educational outreach to faith communities. Originating with NAMI Orange County, CA, and begun by Gunnar Christiansen, NAMI Faith Net's Web pages and network is now managed by NAMI National, who is encouraging local affiliates to share effective ideas and resources for congregational education and awareness.

It is designed to (1) facilitate the development of a supportive faith community environment for those with serious mental illness and their families, (2) emphasize the value of spirituality in the recovery process from mental illness and in the lives of caregivers, (3) educate clergy and congregations concerning the biological basis and characteristics of mental illness, and (4) encourage advocacy by the faith community to bring hope and help to those affected by mental illness. FaithNet's free e-mail network offers pertinent book reviews, regional meeting announcements, articles, letters, and other resource materials.

FaithNet NAMI
2107 Wilson Blvd., Ste. 300
Arlington, VA 22201
(703) 524-7600
(703) 524-9094 (fax)
faithnet@nami.org
www.faithnetnami.org/

National Association of Catholic Chaplains

The National Association of Catholic Chaplains is "a professional association for certified chaplains and CPE (clinical pastoral educators) supervisors who participate in the healing missions of Jesus Christ. We provide standards, certification, education, advocacy, and professional development for our members." By entering "mental health" in their Web site's search box, users will find relevant articles and links. Catholic clergy and pastoral counselors will particularly benefit from this organization and its Web site.

National Association of Catholic Chaplains
P.O. Box 070473
Milwaukee, WI 53207-0473
(414) 483-4898
info@nacc.org
www.nacc.org/

Pacific Media Ministry

Pacific Media Ministry airs television programs and produces videos on a variety of topics, including mental illness. These informative, high-quality videos are available for purchase, and are valuable resources for congregations that care about the mentally ill.

Pacific Media Ministry
3645 Ruffin Road, Suite 315
San Diego, CA 92123
(800) 883-4879 or (858) 268-8001
(858) 268-8033 (fax)
www.pmm.org/

This information is brought to you by Northern Arizona Regional Behavioral Health Authority (NARBHA) Behavioral Health Faith Based Initiative and funded in part, by Arizona Department of Health Services/ Department of Behavioral Health Services (ADHS/DBHS) and AHCCCS

National Institute of Mental Health (NIMH)

An agency of the U.S. government's National Institutes of Health (NIH), the National Institute of Mental Health offers a wide range of free brochures, fact sheets, reports, press releases, and other educational materials on mental illnesses, mental health issues, learning disabilities, eating disorders, suicide, and medications for mental disorders. Free booklets—on illnesses such as anxiety disorders, autism, bipolar disorder, depression, and schizophrenia—are available on the agency's Web site and would be an economical way to supplement any church leader's library. Check out especially "For the Public" sections of the site. Having quick access to information on a particular mental disorder helps to demystify the malady, so that a pastor or counselor can know the next step and more easily decide whether to refer a parishioner to a mental health professional. While pastoral counselors know that it is often unrealistic to expect persons with mental disorders to read about their illnesses, the literature may be helpful to church leaders and families of the mentally ill.

National Institute of Mental Health
Public Information and Communications Branch
6001 Executive Boulevard
Rm 8184, MSC
Bethesda, MD 20892
(301) 443-4513
(866) 615-6464 (toll free)
(301) 443-8431 (TTY)
(866) 415-8051 (TTY toll free)
nimhinfo@nih.gov
www.nimh.nih.gov/

National Mental Health Association (NMHA)

As the country's "oldest and largest non-profit organization addressing all aspects of mental health and mental illness, the National Mental Health Association (NMHA) works to improve the health of all Americans, especially the 54 million individuals with mental disorders, through advocacy, education and service." Listed as one of the "100 Best Charities" by Worth Magazine, NMHA offers free online fact sheets about major mental health issues and serious mental disorders: anxiety disorders, depression, personality disorders, and schizophrenia, as well as substance abuse and suicide. Fact sheets also explain general mental health issues, mental illness in the family, and particular challenges encountered in children and older persons. The NMHA Web site has a special section on coping with disaster. The Information Center Bookstore and Resource Pages provide an abundance of the best current literature and materials for advocacy and program planning. Congregational leaders, families of persons with mental illness, and those interested in mental health parity will find quick and helpful information from this organization and its Web site.

National Mental Health Association
2001 N. Beauregard Street, 12th Floor
Alexandria, VA 22311
(703) 684-7722
(703) 684-5968 (fax)
infoctr@nmha.org
www.nmha.org/

Organization for Attempters and Survivors of Suicide in Interfaith Services (OASSIS)

OASSIS is an interfaith organization working to increase suicide awareness and remove the stigma on attempters and survivors of suicide—an excellent help to any congregation but especially those touched by suicide. It offers educational programs and training for professional caregivers, systems support, and consultation to increase suicide prevention. Its Web site presents interfaith liturgical and homiletical resources, faith-based statements regarding suicide and mental illness, a newsletter, and announcements of the latest activities and upcoming events.

OASSIS
211 Russell Ave., #71
Gaithersburg, MD 20877
(240) 361-3171
(240) 361-3183 (fax)
jamestclemons@aol.com
www.oassis.org/

Pathways to Promise

An interfaith resource center promoting a caring ministry for people with mental illness and their families, Pathways to Promise offers liturgical and educational materials, program models, and networking information. These resources are useful to clergy and lay leaders at all levels of congregational life—local, regional and national. Pathways provides an interactive Web site that helps congregational leaders understand 1) what to do when a person with mental illness or a family member comes for help or makes his or her presence known; 2) what programs supporting people with mental illness and their families can be developed in congregations; and 3) what agencies and organizations have helpful resources and referral information. Several of the worship planning materials, pamphlets, and bulletin inserts are available in Protestant, Jewish and Catholic versions. Other resources—particularly for clergy and worship committees who wish to plan a service or weekend of seminars—include *Mental Illness Awareness* booklets, *The Bible as Resource: Materials for Sermons and Articles*, and *Worship Resources*. Pastoral caregivers, families of persons suffering from mental illness, and concerned congregational members will discover insight and advice in this organization and its Web site.

Pathways to Promise
5400 Arsenal Street
St. Louis, MO 63139
pathways@mimh.edu
www.pathways2promise.org/

QPR Institute—Suicide Prevention Training

The QPR Institute offers comprehensive suicide prevention training programs as well as educational and clinical materials for the general public, professionals and institutions. For the general public, the QPR Institute (with more than 1,200 certified trainers) offers suicide prevention training throughout the United States. Schools, service clubs, fire departments, churches, youth groups, and hundreds of other organizations have received the QPR gatekeeper training program.

QPR Institute—Suicide Prevention Training

P.O. Box 2867

Spokane, WA 99220

(888) 726-7926 (509) 536-5100

(509) 536-5400 (fax)

www.qprinstitute.com

SAVE: Suicide Awareness Voices of Education

SAVE provides educational resources, awareness campaigns and public service announcements to prevent suicide and give voice to suicide survivors. In an emergency, call: National Hopeline Network 1 800-SUICIDE (784-2433). See address below for other information.

SAVE: Suicide Awareness Voices of Education

9001 E. Bloomington Fwy.

Suite #150

Bloomington, MN 55420

(952) 946-7998

www.save.org

Seraphim Communications, Inc.

This video resource company makes its mission clear: "The creative use of media for the development of faith." Excellent mental health-related videos include *A Place To Come Back To*, *Nobody Knows*, and *Stranger in Our Midst: The Church and People with Mental Illness*. Two videos on aging (*What Shall We Do about Mom and Dad?* and *A Late Frost*) and one on clergy renewal (*Why You Should Give Your Pastor a Sabbatical*) are recommended. Seraphim provides ideal resources for pastoral counseling, Christian education, small groups, and personal growth.

Seraphim Communications, Inc.

1569 Eustis Street

St. Paul, MN 55108

(651) 645-9173

orders@seracomm.com

www.seracomm.com/

Serious Mental Illness Network

This organization is an educational outreach of the Presbyterian Church USA. The Network's Web site describes its purpose and methods: "The Office of National Health Ministries seeks to enable and empower individual Presbyterians, congregations, presbyteries, and synods to understand serious mental illness and to be in ministry with persons and their families affected by this illness. This is done through the creation of educational resources, the providing of training programs, consultants, and start-up grants."

Serious Mental Illness Network
National Health Ministries
100 Witherspoon St.
Louisville, KY 40202
(888) 728-7228 x8011
health@ctr.pcusa.org
www.pcusa.org/health/usa/programs/seriousmentallillness.htm

Suicide Prevention Resource Center

The Suicide Prevention Resource Center (SPRC) is a project within the Education Development Center's Health and Human Development Programs (HHD). The SPRC provides support services designed to help states and communities increase their capacity to prevent suicide. It also informs the work of researchers and suicide prevention professionals with evidence-based practices.

Prevention Specialists (PSs) help advance suicide prevention efforts through telephone consultations and the Internet, as well as through meetings and conferences. PSs are assigned both geographically and by priority populations. Communities of practice are also eligible for consultations.

Based on the best available evidence, SPRC encourages a public health model of prevention and a coalition approach to planning. Coalitions at the state, territory, local, or interest-group level, or "prevention networks," are the primary recipients of SPRC prevention support services.

Suicide Prevention Resource Center
Education Development Center, Inc.
55 Chapel Street
Newton, MA 02458-1060
(877) GET-SPRC (438-7772)
(617) 969-9186 (fax)
info@sprc.org
www.sprc.org

Union for Reform Judaism Department of Jewish Family Concerns

The Union for Reform Judaism (URJ) Department of Jewish Family Concerns "seeks to transform every Reform synagogue from a place of casual association into an inclusive and caring community to which all can come to worship, mourn, rejoice, and connect." UAHC representatives help Reform congregations on an individual or group basis to establish *Caring Community/Family Concerns* committees and programs. As an educational resource and referral service, the Department of Jewish Family Concerns addresses mental health topics, in addition to teen suicide, eating disorders, disabilities, developmental needs, bioethics, and the special concerns of older adults. Offerings include workshops, networking, consultations, referrals, program initiatives, and a wide variety of published materials in each of these areas. One of the UAHC's newest publications is the *Mental Health Awareness: Congregational Resource and Program Guide*. Synagogues seeking to learn more about becoming a *Caring Congregation* will find this program and its Web site invaluable.

The Department of Jewish Family Concerns
Union for Reform Judaism
633 Third Avenue
New York, NY 10017
(212) 650-4294
(212) 650-4239 (fax)
jfc@urj.org
urj.org/jfc/

United Methodist Church Mental Illness Network

This mental health resources page of the United Methodist General Board of Church and Society describes their legislative advocacy, the work of the UM Mental Illness Network, and information and links to their "Caring Community Program" and "Awareness" resources. Look for updated information on Health Care Justice Sabbaths on the Web site of the United Methodist General Board of Church and Society.

United Methodist Church Mental Illness Network
James E. Winkler, General Secretary
General Board of Church and Society
100 Maryland Avenue, NE
Washington, DC 20002
(202) 488-5629
jwinkler@umbc-gbcs.org
www.umc-gbcs.org/site/

Virginia Interfaith Committee on Mental Illness Ministries (VICOMIM)

VICOMIM is a significant resource for clergy and congregations desiring to help ease and carry the burden of mental illness on persons and families of faith. Though founded by the Virginia Annual Conference United Methodist Church, VICOMIM educates clergy and laity of *all faiths* to develop awareness and sensitivity within faith communities about mental illness. Its members include representatives from many faiths, as well as mental health care providers and associations. Programs, assistance, and resources are offered to faith communities developing their own ministries for persons with mental illness and their families. VICOMIM's Web site presents lists of books, booklets, brochures, classes, music, publications and newsletters, messages and sermons, video tapes, and links to other Web sites. This is an excellent resource for clergy, lay leaders, and health ministry workers.

Virginia Interfaith Committee on Mental Illness Ministries (VICOMIM)
(800) 768-6040
vicomim2@yahoo.com
www.vaumc.org/index.cfm/fa/content.view/menuID/888.htm

Virginia Suicide Prevention Council

The Virginia Suicide Prevention Council is a public-private partnership of state and local agencies involved in reducing suicide completions and attempts among all age groups. It has developed and implemented a comprehensive suicide prevention strategy. In particular, it offers such training programs as QPR (which stands for "Question, Persuade, Refer") through the QPR Institute (annotated elsewhere in this list).

Virginia Suicide Prevention Council
Calvin Nunnally, Suicide Prevention Manager
Virginia Department of Health
Center for Injury & Violence Prevention
109 Governor Street, 8th Floor
Richmond, VA 23218-2448
(804) 864-7736
(804) 864-7748 (fax)
calvin.nunnally@vdh.virginia.gov
www.preventsuicideva.org

Faith in Kids

Faith in Kids is a non-profit organization in Arizona dedicated to finding homes for children. Founded in 2005, Faith in Kids is helping to guide reform in the foster care system and involve faith communities in helping to find homes for the many children that are currently in the foster care system.

22103 North Desert Park Court
Maricopa, AZ 85239
480-313-2096
info@faithinkids.org

BEHAVIORAL HEALTH INTER-FAITH SUPPORTIVE RESOURCES

Verde Valley Caregivers: A Faith in Action Program

The Verde Valley Caregivers Coalition provides volunteers who help adults in need of assistance in maintaining their independence and quality of life at home. Services include: volunteer caregivers, guardian angel program personal assistance security systems, adult children and aging parents support group, and the Verde Valley senior providers network. The Coalition serves Camp Verde, Clarkdale, Cornville, Cottonwood, Lake Montezuma, Rimrock, Sedona, and the Village of Oak Creek.

P.O. Box 2055
Sedona, AZ 86339
928-204-1238
Fax: 928-203-9503

American Association of Pastoral Counselors

Pastoral Counseling is a unique form of psychotherapy which uses spiritual resources as well as psychological understanding for healing and growth. Pastoral Counselors are certified mental health professionals who have had in-depth religious and/or theological training.

9504A Lee Highway
Fairfax, VA 22031-2303
703-385-6967
Fax: 703-352-772
info@aapc.org
<http://www.aapc.org>

**To obtain additional resources or to request specific
information contact NARBHA at 877-923-1400**