NARBHA Releases a Half Million Dollars to Support Integrated Care

In fiscal years 2010 and 2011, the Northern Arizona Regional Behavioral Health Authority (NARBHA) Board of Directors dedicated $673,910 in community reinvestment funds to support integrated health projects across northern Arizona.

NARBHA awards funds for the behavioral health network to promote innovative projects and expand services. The latest awards focus on the integration of behavioral and physical health; a concept that promotes treating the “whole” person.

Community Reinvestment Projects

Child & Family Support Services has created the Rock It program, which emphasizes physical activity, psycho-education, family support and community partnerships, and focuses on health and wellness activities for kids and families.

Community Counseling Centers, Inc. is implementing the integrated healthcare model by co-locating a Health Coach at the Holbrook North Country HealthCare Clinic and a North Country representative at the CCC Show Low clinic.

Encompass Health Services (formerly Community Behavioral Health Services) is purchasing health care supplies and a lab station for the continued operation of the Encompass Medical Center, a comprehensive clinic providing behavioral health and medical services.

Little Colorado Behavioral Health Centers is building an addition to the existing site in St. Johns for Wellness/Whole Health classes and consultation with primary care providers and the County Health Department.

Mohave Mental Health Clinic is modifying the existing electronic medical record system for expansion of information for physical health records and is developing a health coaching program.

Southwest Behavioral Health Services is partnering with North Country Health Care and other health care providers to expand integrated care in the Flagstaff, Prescott Valley, and Bullhead City areas, focusing on the methadone and substance abusing population.

The Guidance Center is implementing the Integration Clinic Expansion Program, consisting of the Chronic Disease Self-Management Program and Comprehensive Wellness Education and Holistic Services.

Verde Valley Guidance Clinic is purchasing a new primary care electronic medical record for the existing Verde Valley Connection Primary Care facility.

West Yavapai Guidance Clinic is hiring a full time Program Coordinator/Health Coach to provide wellness services and to serve as a Chronic Disease Self-Management Program master trainer.

NARBHA is the Regional Behavioral Health Authority for Coconino, Navajo, Yavapai, Apache and Mohave counties. Funds for services are provided through a contract with the Arizona Department of Health Services/Division of Behavioral Health Services and AHCCCS.