



Northern Arizona Regional Behavioral Health Authority

Managing behavioral healthcare with a conscience.

NARBHA Prevention Services Community Project Proposal

NARBHA is a non-profit organization dedicated to recovery and resiliency, and strengthening and supporting individuals, families, and communities in addressing the effects of behavioral health issues.

NARBHA is and expects to be a recipient of federal funds through the Substance Abuse Prevention and Treatment block grant. A portion of these funds are allocated for primary prevention services targeting substance abuse in northern Arizona for all ages and individuals who do not require treatment for substance abuse. Based on NARBHA's history with the grant, it is anticipated that NARBHA will receive about \$500,000 in FY 2011. NARBHA intends to fund multiple applicants with its allocation. Funding of selected applicants is based upon NARBHA's receipt of federal and/or state funds, and is subject to change.

Qualified proposals will fit into the Institute of Medicine's categories for primary prevention strategies. These are:

Universal: Activities that target the general public or a whole population group that has not been identified on the basis of individual risk. For example, school children who have not been screened for substance abuse, a general parenting class or coalition work, including interventions that influence public policy and community norms.

Selective: Activities that target individuals or a subgroup of the population whose risk of developing a disorder is significantly higher than average. For example, a substance-abuse prevention coalition involving youth who may have one or more risk factors for substance abuse.

Indicated: Activities that target individuals in high-risk environments, identified as having minimal but detectable signs or symptoms foreshadowing disorder, but not yet meeting diagnostic levels. For example, individuals identified by a primary care provider as being at-risk, but who do not yet qualify and/or are not enrolled in behavioral health services.

Proposals for the NARBHA Prevention Program funding are reviewed by a team comprised of NARBHA staff and community members. This team may select one or more projects, or no projects, may approve all or part of requested funds, and may recommend changes to proposals. The team shall strive to ensure that prevention funds are distributed to projects throughout northern Arizona. NARBHA Prevention grants will commence with the state fiscal year, July 1, 2010 to June 30, 2011. Selected applicants may or may not be funded in subsequent years. NARBHA has interest in proposals that can demonstrate effectiveness, are sustainable, and/or do not duplicate programs or services already being done in a given community.

A strong proposal will demonstrate:

- Organization's knowledge and/or experience in the community
- Consistency with needs identified by a community or state needs assessment completed within the past three years
- Community partnership, such as with a local substance abuse coalition
- Cultural appropriateness of proposed activities

Consideration will be given to proposals that demonstrate a high degree of community partnerships, and leverage of other resources.

Recipients of selected proposals shall be required to enter into a contract with NARBHA, provide periodic written progress reports, shall receive monthly payment, and shall be monitored by NARBHA. Selected projects shall comply with the guidelines for Prevention Services set forth in the Federal SAPT criteria, the ADHS/DBHS covered services guide and NARBHA contracts. In addition, selected proposals may be required to participate in prevention training provided by NARBHA or ADHS/DBHS prior to the receipt of the first months funds, and periodically.

Proposal Submission Requirements:

1. Name of the organization or individual submitting the proposal; address and telephone number of organization or individual; name of contact person; mailing address, phone number, and e-mail address of contact person.
2. A clear description of the project being proposed that includes:
 - a. Location(s) of project;
 - b. Description of project;
 - c. Approximate number of people served by the project;
 - d. The benefit of the project to participants and communities;
 - e. The time-line for the project;
3. Funding request, including:
 - a. Total annual amount requested from NARBHA;
 - b. Total annual amount received from other funding sources;
 - c. Proposed expense budget
4. Supporting documents and statements including:
 - i. Community/school needs assessment
 - ii. Statement of how your project meets the needs identified in the assessment
 - iii. Letters of community support, including from a local substance abuse coalition
 - iv. Additional description of any collaboration or partnership with other organizations.

Proposals are limited to five typed pages (excluding supporting documents) and must be submitted on or before May 10, 2010 to the attention of:

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It is NARBHA's goal to negotiate and/or approve projects as quickly as is reasonably possible. Respondents may receive requests for additional information. Selected projects will be notified in writing on or before June 1, 2010.