

## **Communities in Recovery Schedule Free Forum**

### *“A PLACE TO DISCOVER AND EMBRACE RECOVERY”*

This is how NAZCARE describes its Serenity Circle Recovery Center in Cottonwood. Plan to learn more by attending the second Communities in Recovery monthly forum on behavioral health services in the Verde Valley. The January forum will be held at 6:30 p.m., Wednesday, Jan. 13 in the Community Room at the Verde Valley Guidance Clinic’s Cottonwood campus, 8 East Cottonwood St. in Cottonwood.

This month’s forum will focus on NAZCARE, one of six Communities in Recovery partner agencies who are presenting this series in order to increase public awareness of the services available to persons seeking recovery from mental illness, substance abuse disorders and co-occurring disorders. The other participating agencies are Mingus Center, Recovery Innovations Arizona, NAMI Sedona, DES Rehabilitation Services Administration, and the Verde Valley Guidance Clinic.

Presenting on behalf of NAZCARE will be CEO Roberta L. Howard, who has over 35 years in curricula design with emphasis in peer research and peer support services. The presentation will feature, “What Peer Support is” and “What recovery services are.” The presentation will describe in detail the types of recovery support services available at Serenity Circle. This includes opportunities for community integration projects and programs, the upcoming housing program and the services provided with the supportive housing program.

Representatives of all six participating organizations will be on hand to answer questions and explain how they work together in service to their clients.

Communities in Recovery forums are free and open to the public.

Light refreshments will be served. For more information, call Richard Dehnert, Community Relations Coordinator at the Verde Valley Guidance Clinic, 634-2236.