



Northern Arizona Regional Behavioral Health Authority

To:

From: Teresa Bertsch MD, NARBHA Medical Director

Date:

RE: **REQUIRED ACTIVITY TO BE ON NARBHA PRESCRIBER PANEL--
DUE BACK TO NARBHA BY:**

Welcome to NARBHA! We are excited to have you working within our system and want to give you all the technical assistance you need to make your job satisfying. There is a lot to learn, so please feel free to call or email with any questions.

This orientation packet aims to provide you with immediately necessary information that you will need to provide medical care to our patients in the NARBHA system.

In order to help focus your attention on relevant material, there is:

- **a short quiz / competency exam (with the answers) and**
- **an attestation or review.**

These must be returned to NARBHA within 45 days of your being placed on the NARBHA Prescriber Panel. Please return the Attestation and Competency Exam to Veronica Wilson at NARBHA by:

Monitoring of standards: Arizona Department of Behavioral Health Services (DBHS), which provides the state and federal funding for mental health services, has established psychiatric practice standards which are monitored in various ways.

- DBHS does some of the monitoring directly, but most of it is delegated to NARBHA to do.
- When NARBHA providers do not meet the minimum performance standards, DBHS requires us to do performance improvement plans.
- Some performance standards have financial incentives and sanctions, which are passed on to the NARBHA agencies, but not to the individual practitioners, such as you.

NARBHA Medical Practitioner Meetings: In addition to this (large quantity of!) information, I encourage you to attend our monthly Medical Practitioners meetings:

- the fourth Tuesday of each month,
- for up to date information on policies, practice standards, and to give active input into the provision of medical services within the NARBHA network.

All DBHS/NARBHA policies and Clinical Guidance Documents are available on the NARBHA website at www.narbha.org. Go to "Home" then "DBHS/NARBHA Provider Manual." **All the Forms are in Section 13 of the Provider Manual.**

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www.narbha.org

Managing behavioral healthcare with a conscience.

Medications and Lab Formularies:

- DBHS/ NARBHA 3.16 Medication Formulary Policy (July 2007)
<https://www.narbha.org/NARBHACD/CDEngine.aspx?loc=7,82>
 - Medication Formulary (March 2007)
 - Lab Formulary (July 2007)
 - Pharmacy Edit Notification Form 3.16.4 (use to get non-formulary medications)
 - Medicare Part D Universal Coverage Determination Form 3.16.XX

Clinical Practice Guidelines for Psychiatric Services and Coding

- DBHS/NARBHA 3.15 Psychotropic Medications: Prescribing and Monitoring
<https://www.narbha.org/NARBHACD/provman/03/3-15.pdf>
 - Description of the Medical Practitioner Documentation Standards with the minimum performance standards (July 2007)
 - A technical assistance document on target symptoms and rationale for polypharmacy
- DBHS Polypharmacy Use: Assessment of Appropriateness and Importance of Documentation Technical Assistance Document (April 2006)
<http://www.azdhs.gov/bhs/guidance/psyc.pdf>
- DBHS Psychotropic Medication Use in Children, Adolescents and Young Adults Practice Protocol (November 2006) <http://www.azdhs.gov/bhs/guidance/psychotropic.pdf>
- NARBHA Covered CPT 90000 codes with rates, places of service and provider types (February 2007)

Informed Consent

- DBHS Informed Consent for Psychotropic Medications Technical Assistance Document (April 2006) <http://www.azdhs.gov/bhs/guidance/poly.pdf>
 - DBHS Informed Consent Form 3.15.1

Crisis and Inpatient Services

- NARBHA Policy 10.15 Crisis Triage, Walk-Ins and Mobile Crisis
<https://www.narbha.org/NARBHACD/provman/10/10-15.pdf>
- NARBHA Policy 10.6 Block-Purchased Inpatient, Subacute and CD Residential Treatment Services (December 2006)
<https://www.narbha.org/NARBHACD/provman/10/10-6.pdf>
- DBHS Arizona State Hospital Effective Utilization and Collaboration (September 2006)
<http://www.azdhs.gov/bhs/guidance/ash.pdf>

Coordinating Care

- DBHS/NARBHA 4.3 Coordination of Care with Health Plans and Primary Care Policy (January 2005) <https://www.narbha.org/NARBHACD/provman/04/4-3.pdf>
- DBHS Unique Behavioral Health Needs of Children, Youth and Families Involved with Child Protective Services (October 2006)
http://www.azdhs.gov/bhs/guidance/unique_cps.pdf

Attestation and Competency Exam (to be returned to NARBHA)

cc: Agency Medical Director
Veronica Wilson, NARBHA Medical Systems Analyst