

Personal Restraint- Residential Treatment Centers Providing Services to Persons under the Age of 21

(42 CFR 483.352) The application of physical force without the use of any device, for the purpose of restricting the free movement of a behavioral health recipient's body.

Personal restraint does not include briefly holding without undue force a resident in order to calm or comfort him or her, or holding a resident's hand to safely escort a resident from one area to another.