Specialized Services (pertaining to a Serious Mental Illness)

Specialized services are those services specified by the Arizona Department of Health Services, Division of Behavioral Health Services (ADHS/DBHS) that, when combined with services provided by the NF, result in continuous and aggressive implementation of an individualized plan of care. The plan of care:

a. Is developed and supervised by an interdisciplinary team which includes a physician, qualified mental health professionals, and, as appropriate, other professionals;

b. Prescribes specific therapies and activities for the treatment of persons experiencing an acute episode of Serious Mental Illness which requires intervention by trained behavioral health personnel, and

c. Is directed toward:
   o Diagnosing and reducing the person's behavioral symptoms that necessitate institutionalization;
   o Improving his/her level of independent functioning; and
   o Achieving a functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time.