

# Info

To learn more about marijuana or obtain referrals to programs in your community, contact one of the following toll-free numbers:

**SAMHSA's Health Information Network**  
**1-877-SAMHSA-7 (1-877-726-4727)**  
**(English and Spanish)**  
**TTY 1-800-487-4889**



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Prevention  
[www.samhsa.gov](http://www.samhsa.gov)

**The bottom line:** If you know someone who smokes marijuana, urge him or her to stop or get help. If you're smoking marijuana—stop! The longer you ignore the real facts, the more chances you take with your health and well-being. It's never too late. Talk to your parents, a doctor, a counselor, a teacher, or another adult you trust.

## Do it today!

Curious about the TV ads of the National Youth Anti-Drug Media Campaign? Check out the Web site at [www.freevibe.com](http://www.freevibe.com) or visit the Office of National Drug Control Policy Web site at [www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov).

Q. Can marijuana be used as a medicine?

A. While the active ingredient in marijuana, THC, can be manufactured in a pill available by prescription to treat nausea and vomiting associated with certain cancer treatments, scientists say that more research needs to be done on its side effects and other potential medical uses.<sup>11</sup>

Q. Can people become addicted to marijuana?

A. Yes. Research confirms you can become hooked on marijuana.

Q. Isn't smoking marijuana less dangerous than smoking cigarettes?

A. No. It's even worse. Five joints a day can be as harmful as 20 cigarettes a day.<sup>10</sup>

# Q & A



# Marijuana

