



Arizona Department of Health Services Division of Behavioral Health Services

Accessing / Paying for Behavioral Health Services

START HERE

Does the person seeking help have health insurance or Medicare?

YES

Contact the health insurance company to get a referral to behavioral health services. Medicare pays 80% of initial visit to behavioral health professionals and 55% of follow-up visits. Locate providers at medicareinteractive.org

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Is the person seeking help enrolled in AHCCCS?

YES

Contact the Regional Behavioral Health Authority in your region of the state:

Arizona Tribal and Regional Behavioral Health Authority (T/RBHA): Note: latest website and 24-hr line information can be found at: www.azdhs.gov/bhs .	County or Tribal Nation Served:
Cenpatico RBHA www.cenpaticoaz.com and 1-866-495-6735	Gila, La Paz, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise
Community Partnership of Southern Arizona RBHA www.cpsa-rbha.org and 1-800-796-6762 / 520-622-6000	Pima
Gila River RBHA www.gilariverrbha.org and 1-800-259-3449	Gila River Indian Community
Magellan RBHA www.magellanofaz.com and 1-800-631-1214	Maricopa
Navajo Nation RBHA www.navajo.org and 1-866-841-0277	Navajo Nation
Northern Arizona RBHA www.narbha.org and 1-877-756-4090	Apache, Coconino, Mohave, Navajo, Yavapai
Pascua-Yaqui RBHA www.pascuayaqui-nsn.gov and 1-800-572-7282	Pascua Yaqui Tribe
White Mountain Apache RBHA www.wmabhs.org and 928-338-4811	White Mountain Apache Nation

For AHCCCS enrollment www.healtharizona.org

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Does the person seeking service have a problem with drugs or alcohol?

YES

Contact the Veterans Administration (VA) in your region of the state to find out if the veteran will qualify for VA funded services:

VA Health Care System:	Counties Served:
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, La Paz, Pima, Pinal, Santa Cruz, Yuma

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Has this person ever served in the military?

YES

Is the person seeking help a member of a federally recognized Tribal Nation?

YES

Contact Indian Health Services (IHS) to determine eligibility and receive referral information:

- Navajo Nation 928-871-4811; serving Navajo Nation.
- Tucson 520-295-2405; serving the Tohono O'Odham Nation and Pascua Yaqui Tribe.
- Phoenix 602-364-5039; Alcohol and Substance Abuse: 602-364-5159; Suicide Issues: 602-364-5183; serving all other Arizona Tribal Nations.

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Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 1-877-448-1211.

SOS Non Title 19 Resource Hotline: (602) 759-8175.

Visions of Hope WARM LINE: (602) 347-1100.

Substance Abuse Support:

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish.
- <http://findtreatment.samhsa.gov>
- Alcoholics Anonymous (AA) meeting locator: www.area03test.org/MeetingList.aspx.
- Narcotics Anonymous (NA): 1-818-773-9999; online www.na.org.

Suicide Prevention Resources:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online www.suicidepreventionlifeline.org.
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online www.thetrevorproject.org.
- Teen Lifeline: 1-800-248-TEEN (8336); online www.TeenLifeline.org.
- Low cost/no cost support groups: www.mhaarizona.org/SupportGroups.html.