

Behavioral Health Drug List

Effective 1/1/2014

The Arizona Department of Health Services, Division of Behavioral Health Services, the “Department”, is pleased to provide the Behavioral Health Drug List (BHDL) which will serve as the foundation for the medications prescribed by our Contractors’ Providers throughout the State. The BHDL contains all of the behavioral health medications listed on each (Tribal) Regional Behavioral Health Authority’s ((T)RBHA) behavioral health drug list and specifies which medications require prior authorization. The BHDL also specifies that there are age restrictions for some medications. Providers prescribing medications outside of the age limit parameters are required to submit a prior authorization to the recipient’s (T)RBHA.

The drugs listed in the BHDL are intended to provide clinically appropriate, evidenced-based, cost-effective medication options, for all eligible recipients receiving services through the Department and its Contractors. The drugs listed on the BHDL have been reviewed and approved by our Pharmacy and Therapeutics (P&T) Committee.

However, the BHDL is not intended as a comprehensive listing of all drugs that may be reimbursed by the Department. If a drug is not listed on the BHDL and is determined to be medically necessary for a behavioral health diagnosis, it may be requested through the (T)RBHA Prior Authorization process. Providers and recipients may contact the (T)RBHA that is responsible for their pharmacy benefit to request more information about the process for medications not listed on the BHDL.

Pharmacy and Therapeutics (P&T) Committee

The P & T Committee is composed of clinical staff from the Department and each of its Contractors. This committee meets at least quarterly to discuss a variety of clinical issues, which pertain to drug selections, including formulary additions, deletions and changes as well as pharmacy program management.

The P&T Committee evaluates clinical information for newly marketed drugs within 180 days of market launch. Current medications are reviewed on an annual basis. The evaluation may include, but is not limited to, the following review categories:

- Safety
- Efficacy
- Comparative data and studies
- FDA approved indications
- Treatment and consensus guidelines
- Adverse events
- Contraindications/Warnings/Precautions
- Pharmacokinetics
- Dosage frequency and formulations
- Patient administration/compliance considerations
- Medical outcome and pharmacoeconomic studies

When a new drug is considered for inclusion on the BHDL, it will be reviewed relative to similar drugs that are currently included on the BHDL. The review process of a therapeutic class continually promotes the most clinically appropriate, useful, and cost-effective agents. All of the information in the BHDL is provided as a reference for drug therapy selection. Specific drug selection for an individual member rests solely with the prescribing clinician. As a reminder, the (T)RBHA Providers are required to utilize the most cost-effective (least costly) clinically appropriate pharmaceutical treatment.

Generic Drugs

The Department supports the use of generic medications. As a general rule, brand name medications will require Prior Authorization as noted in the BHDL and when a generic equivalent is available for a branded drug.

The BHDL is organized by sections. Each section includes therapeutic groups identified by drug class. Products are listed with the generic name in lower case and brand name medications are listed in bold capitals. Generics drugs are to be considered as the first line of prescribing. The Department and its Contractors are required to use the most cost-effective (least costly) clinically appropriate pharmaceutical treatment.

Quantity Limits

The BHDL does not specify medication Quantity Limits. The Department allows its Contractors to develop their own Quantity Limit parameters, and these can be located on each Contractor's website. The Department, in consultation with its Contractors, has developed prior authorization criteria for evaluation of medication dosages that exceed the FDA Allowable Maximum.

Key:

Drugs listed in **Bold/Italic CAPITAL LETTERS** indicate the medication is only available as a brand name product.

(*) Indicates that medication can only be obtained from an Opioid Treatment Program (OTP) provider.

(X) Indicates that the medication is only available through the (T)RBHA prior authorization process.

Abbreviations:

Cap = capsule	Chew =
chewable	Conc =
concentrate	DR =
Delayed Release	Elix =
Elixir	
ER = extended release	
hbr = hydrobromide	
hcl = hydrochloride	
IM = intramuscular	
Inj = injectable	
IR = Immediate release	
LA = long acting	
ODT = orally disintegrating tablet	
SL = sublingual	
SOLN = solution	
SR = sustained release	
Susp = suspension	Syr
= Syrup	
Tab = tablet	
TD = transdermal	
XL = extended release	

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
ANTIDEPRESSANTS						
Alpha-2 Receptor Antagonist Antidepressants						
mirtazapine	Remeron Remeron SolTab	Tab ODT				
Monoamine Oxidase Inhibitors (MAOIs)						
seligilene	EMSAM	TD Patch		X		
isocarboxazid	Marplan	Tab				
phenelzine sulfate	Nardil	Tab				
tranylcypromine sulfate	Parnate	Tab				
Norepinephrine and Dopamine Reuptake Inhibitors (NDRIs)						
bupropion hbr	APLENZIN	ER Tab		X		
bupropion hcl	Wellbutrin Wellbutrin SR Wellbutrin XL	IR Tab ER Tab ER Tab				
Selective Serotonin Reuptake Inhibitors (SSRIs)						
citalopram hbr	Various	Soln				
citalopram hbr	Celexa	Tab				
escitalopram oxalate	Lexapro	Soln				
escitalopram oxalate	Lexapro	Tab				
fluoxetine hcl	Prozac	Cap / Tab				
fluoxetine hcl	Prozac	Soln				
fluoxetine hcl	Prozac Weekly	DR Cap		X		
fluvoxamine maleate	Luvox	Tab				
fluvoxamine maleate	Luvox CR	ER Cap				
paroxetine hcl	Paxil	Susp				
paroxetine hcl	Paxil	Tab				
paroxetine hcl tab	Paxil CR	ER Tab				
Paroxetine mesylate	PEXEVA	Tab		X		
sertraline hcl	Zoloft	Conc				
sertraline hcl	Zoloft	Tab				
vilazodone hcl	VIIBRYD	Tab		X		
Serotonin-2 Antagonist/Reuptake Inhibitors (SARIs)						
nefazodone	Various	Tab				
trazodone hcl	Various	Tab				
trazodone hcl	OLEPTRO	ER Tab		X		
Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs)						
desvenlafaxine	PRISTIQ	ER Tab		X		
duloxetine hcl	CYMBALTA	Cap				
venlafaxine hcl	Effexor	Tab				
venlafaxine hcl	Effexor	ER Cap				

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
venlafaxine hcl	Various	ER Tab				
Tricyclic Antidepressants & Related Non-Selective Reuptake Inhibitors						
amitriptyline hcl	Various	Tab				
amoxapine tab	Various	Tab				
clomipramine hcl	Anafranil	Cap				
desipramine hcl	Norpramin	Tab				
doxepin hcl	Various	Cap				
doxepin hcl	Various	Conc				
doxepin hcl	SILENOR	Tab		X		
imipramine	Various	Tab				
imipramine hcl	Tofranil-PM	Cap				
maprotiline hcl	Various	Tab				
nortriptyline hcl	Pamelor	Cap				
nortriptyline hcl	Various	Soln				
protriptyline hcl	Vivactil	Tab				
trimipramine maleate	Surmontil	Cap				
Combination Medications Used for the Treatment of BPAD						
fluoxetine hcl /olanzapine	Symbyax	Cap	X			
ANTIPSYCHOTICS						
1 st Generation Antipsychotics						
haloperidol	Various	Tab	X			
haloperidol decanoate	Haldol	Inj	X			
haloperidol lactate	Various	Conc	X			
loxapine succinate	Loxitane	Cap	X			
pimozide	ORAP	Tab	X			
thiothixene	Navane	Cap	X			
2nd Generation Antipsychotics						
aripiprazole	ABILIFY	Tab	X	X		
aripiprazole	ABILIFY DISCMELT	ODT Tab	X	X		
aripiprazole	ABILIFY MAINTENA	Inj	X	X		
aripiprazole	ABILIFY	Soln	X	X		
clozapine	Clozaril	Tab	X			
clozapine	FazaClo	ODT Tab	X			
lloperidone	FANAPT	Tab	X	X		
paliperidone	INVEGA	ER Tab	X	X		
paliperidone	INVEGA SUSTENNA	LA Susp	X	X		
lurasidone hcl	LATUDA	Tab	X	X		

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
olanzapine	Zyprexa Zydis	ODT	X			
quetiapine	Seroquel	Tab	X			
quetiapine	SEROQUEL XR	Tab	X	X		
risperidone	Risperdal	Tab	X			
risperidone	RISPERDAL CONSTA	Inj	X			
risperidone	Risperdal M-TAB	ODT	X			
risperidone	Risperdal	Soln	X			
asenapine maleate	SAPHRIS	SL Tab	X	X		
ziprasidone hcl	Geodon	Cap	X			
Phenothiazine Antipsychotics						
chlorpromazine hcl	Various	Tab	X			
fluphenazine decanoate	Various	Inj	X			
fluphenazine hcl	Various	Oral Conc	X			
fluphenazine hcl	Various	Elix	X			
fluphenazine hcl	Various	Tab	X			
perphenazine	Various	Tab	X			
thioridazine hcl	Various	Tab	X			
trifluoperazine hcl	Various	Tab	X			
ANTICONVULSANTS						
carbamazepine	Tegretol, Eptol	Tab Chew				
carbamazepine	Carbatrol, Equetro	ER Cap				
carbamazepine	Tegretol XR,	ER Tab				
carbamazepine	Tegretol	Susp				
divalproex	Depakote	DR & ER Tab				
divalproex	Depakote Sprinkles	Cap				
gabapentin	Neurontin	Cap				
gabapentin	HORIZANT	ER Tab		X		
gabapentin	Neurontin	Soln				
gabapentin	GRALISE	Tab		X		
lamotrigine	Lamictal	Tab Chew ODT				
lamotrigine	LAMICTAL XR	ER Tab		X		
oxcarbazepine	Trileptal	Susp				

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
oxcarbazepine	Trileptal	Tab				
valproate sodium	Various	Soln				
valproate sodium	Depakene	Cap / Syrup				
ANTIMANIC AGENTS						
lithium carbonate	Various	Cap				
lithium carbonate	Lithobid	ER Tab				
lithium citrate	Various	Soln				
ADHD DRUGS						
Amphetamines						
amphetamine- dextroamphetamine	Adderall	Tab	X			
amphetamine- dextroamphetamine	Adderall XR	SR Cap	X			
dextroamphetamine sulfate	Dexedrine	ER Cap	X			
dextroamphetamine sulfate	Various	Tab	X			
lisdexamfetamine dimesylate	VYVANSE	ER Cap	X			
Stimulants						
dexmethylphenidate hcl	Focalin	Tab	X			
dexmethylphenidate hcl	FOCALIN XR	ER Cap	X			
methylphenidate hcl	Ritalin	Tab	X			
methylphenidate hcl	METHYLIN	Chew Tab	X			
methylphenidate hcl	Ritalin LA / Metadate CD	ER Cap	X			
methylphenidate hcl	Ritalin SR	SR Tab	X			
methylphenidate hcl	Concerta	ER Tab	X			
methylphenidate hcl	DAYTRANA	TD Patch				
methylphenidate hcl	METHYLIN	Soln	X			
methylphenidate hcl	QUILLIVANT XR	Susp	X	X		
Miscellaneous Agents						
atomoxetine	STRATTERA	Cap	X			
Central Alpha-Agonists						
clonidine hcl	Catapres	Tab				
clonidine hcl	KAPVAY	ER Tab				
clonidine hcl	Catapres TTS	TD Patch				
guanfacine hcl	Tenex	Tab				

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
guanfacine hcl	INTUNIV	ER Tab		X		
SUBSTANCE ABUSE						
Opiate Agonists/Partial Agonists						
buprenorphine hcl	Subutex	SL Tab				
buprenorphine hcl / naloxone	Suboxone	SL Tab				
buprenorphine hcl / naloxone	SUBOXONE FILM	Film		X		
methadone	Dolophine					*
Opiate Antagonists						
naltrexone	Revia	Tab				
naltrexone	VIVITROL	Inj		X		
Miscellaneous Agents						
acamprosate	CAMPRAL	DR Tab				
disulferam	Antabuse	Tab				
ANXIOLYTICS AND HYPNOTICS						
Benzodiazepines						
alprazolam	Xanax	Tab				
alprazolam intensol	Alprazolam Intensol	Conc Soln				
alprazolam	Xanax XR	ER Tab				
alprazolam	Niravam	ODT				
chlordiazepoxide hcl	Librium	Cap				
clonazepam	Klonopin	Tab				
clonazepam	Various	ODT				
clorazepate dipotassium	Tranxene-T	Tab				
diazepam	Valium	Tab				
diazepam intensol	Diazepam Intensol	Conc Soln				
estazolam	Various	Tab				
flurazepam hcl	Dalmane	Cap				
lorazepam	Ativan	Tab				
lorazepam	Lorazepam Intensol	Conc Soln				
oxazepam	Serax	Cap				
temazepam	Restoril	Cap				
Miscellaneous Anxiolytics, Sedatives & Hypnotics						
bupirone hcl	Various	Tab				

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
eszopiclone	LUNESTA	Tab		X		
meprobamate	Various	Tab				
ramelteon	ROZEREM	Tab				
triazolam	Halcion	Tab				
zaleplon capsule	Sonata	Cap				
zolpidem	Ambien	Tab				
zolpidem	Ambien CR	ER Tab		X		
zolpidem	INTERMEZZO SL / EDULAR	SL Tab		X		
zolpidem	ZOLPIMIST	Soln		X		
ANTI-HISTAMINES						
cyproheptadine hcl	Various	Tab				
diphenhydramine	Various	Cap / Tab				
diphenhydramine hcl	Various	Elix / Syr				
hydroxyzine hcl	Atarax	Tab / Syr				
hydroxyzine pamoate	Vistaril	Cap				
DOPAMINE AGONISTS						
amantadine hcl	Various	Cap / Tab				
AUTONOMIC AGONISTS						
Parasympathomimetic (Cholinergic) Agents						
bethanechol chloride	Urecholine	Tab				
Anticholinergic Agents						
benztropine mesylate	Cogentin	Tab				
trihexyphenidyl hcl	Artane	Tab				
CARDIOVASCULAR DRUGS						
Alpha-1 Adrenergic Blocking Agents						
prazosin hcl	Minipres	Cap				
Beta-Adrenergic Blocking Agents						
nadolol tab	Corgard	Tab				
propranolol hcl	Inderal	Tab				
THYROID AGENTS						
levothyroxine sodium	Levothroid / Synthroid	Tab				
liothyronine	Cytomel	Tab				
VITAMINS AND OTHER MISCELLANEOUS AGENTS						
alpha-tocopherol	Vitamin E – Various	Cap				
cyanocobalamin	Vitamin B12 - Various	Tab				
folic acid	Various	Tab				
omega 3 fatty acids	Various	Cap				
pyridoxine hcl	Vitamin B6 - Various	Tab				

Medication Generic Name	Brand Reference Name	Formulation(s)	Age Limitation	Prior Authorization Required	Quantity Limit	Additional Information
thiamine hcl	Vitamin B1 - Various	Tab				
multiple vitamin	Various	Tab				
multiple vitamin / minerals	Various	Tab				
Miscellaneous Ear, Nose & Throat Drug						
saliva substitute	Salivart	Spray				
Cathartics and Laxatives						
docusate sodium	Colace	Cap				
psyllium	Metamucil	Powder				